A game of inequality: The reality of sporting dreams for young disabled people

Theme:
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Co-authored by Women in Sport UK

8 in 10 disabled girls were inspired by the 2024 Paralympic Games and 67% said it "made me want to be more active and play more sport".

The Paralympics can be an opportunity for powerful representation of disability sport, celebrating disabled women in sport competing at the highest level on the world-stage.

But while the visibility of disability sport is improving, real-world access, inclusion, and support still lag behind the ideals promoted by the Paralympic Games.

44% of disabled young people said the Paralympics made them feel sad that they gave up sport, and still **only 36% of disabled girls dream of reaching the top of sport, compared to 61% of disabled boys.**

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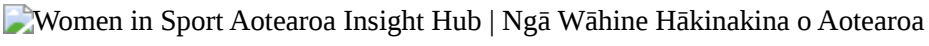
Close panel 

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