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ADIDAS BREAKING BARRIERS RESEARCH

Theme: Participation

ADIDAS BREAKING BARRIERS RESEARCH

Co-authored by Adidas

Dive into the key hurdles and systemic barriers women and girls are facing in sport – and learn about the key opportunities that can help make sport equal.

adidas Breaking Barriers: Research on Women's Sports in Europe (breakingbarriersacademy.com)

More Obstacles Than Achievements: An exploration of the key hurdles to girls' participation in sport in Europe and opportunities that remain

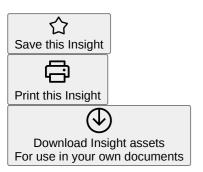
Investigate the current state of girls' sport in the EU, looking at the barriers that hinder sport participation and the actionable opportunities that remain.

adidas Research Reveals Gender Inequities in European Sports Participation

EMPOWERING HER GAME: EXPLORING THE IMPORTANCE OF GENDER-INFORMED COACHING

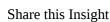
Find out about the role coaches play in girls' engagement with sports and learn how they can have a positive impact on their participation.

adidas Study Reveals Challenges in Coaching Girls' Sports



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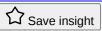
Dame Noels: 'A huge cost on my career and life'



Participation

Dame Noels: 'A huge cost on my career and life'

The rise of women's football in New Zealand



Participation

The rise of women's football in New Zealand

Good Practice Guide - Increasing participation of Muslim women and girls



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Good Practice Guide - Increasing participation of Muslim women and girls

Healthy Women in Performance Sport



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Healthy Women in Performance Sport

Making sport inclusive: Free period products in clubs - report

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Adventures doing a POWA of good

By Angela Walker - LockerRoom

<u>Is Paris 2024 really achieving its goals for gender equality?</u>



Is Paris 2024 really achieving its goals for gender equality?

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia New legislation for gender identity and sex characteristics in Queensland sport



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New legislation for gender identity and sex characteristics in Queensland sport

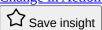
By Victoria University Melbourne Australia - Victoria University | Melbourne Australia Strength, power and aerobic capacity of transgender athletes: a cross-sectional study



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Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football



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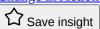
Change in Action Week - Innovative Impact FINALIST - Active Wāhine



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Change in Action Week - Innovative Impact FINALIST - Active Wāhine

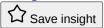
Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



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Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

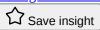
<u> Change in Action Week - Rangatahi FINALIST - Sylvia Brunt</u>



Participation

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

<u>Change in Action Week - Innovative Impact FINALIST - Wāhine Toa</u>



Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

Change in Action Week - Rangatahi Winner - Carmel College



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Change in Action Week - Rangatahi Winner - Carmel College

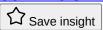
Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

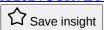


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GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning

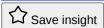


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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

2022 IWG: Christine Young - Integrity in HP Youth Sport



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2022 IWG: Christine Young - Integrity in HP Youth Sport

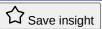
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



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2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport



2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

2022 IWG: Kirsten Spencer - Sport as a social development tool



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2022 IWG: Kirsten Spencer - Sport as a social development tool

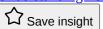
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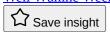
<u>Understanding Period Poverty Infographic</u>



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Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



Participation

Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand Girls Smash Modified Girls Only Cricket Programme



Participation

Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



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Netball Volunteer Programme

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.

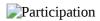


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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

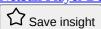




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Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



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Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

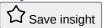
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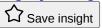
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The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

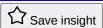
Huge uptick in girls and women playing football in New Zealand



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Huge uptick in girls and women playing football in New Zealand

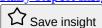
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Resources on Male Allyship

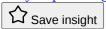
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Rally Report Insights: Body Confidence

Rally Report Insights: Mental Health



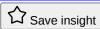
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What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel: Start of a love story



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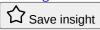


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Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way

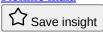


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Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



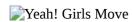
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Kōhine māia

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Yeah! Girls Move - Cricket not the way you know it





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Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



For young women, by young women - WORD girls-only programme

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Not just for the "sporty", the Not-So-Sports-Club

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Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



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Manawatū Cricket Association case study

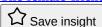
By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



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Backyard Smash & Sista Smash

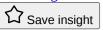
By Roxanna Holdworth - This is ME
The female-friendliness of New Zealand's tennis clubs



Participation

The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



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Removing Period Poverty As a Barrier to Participation

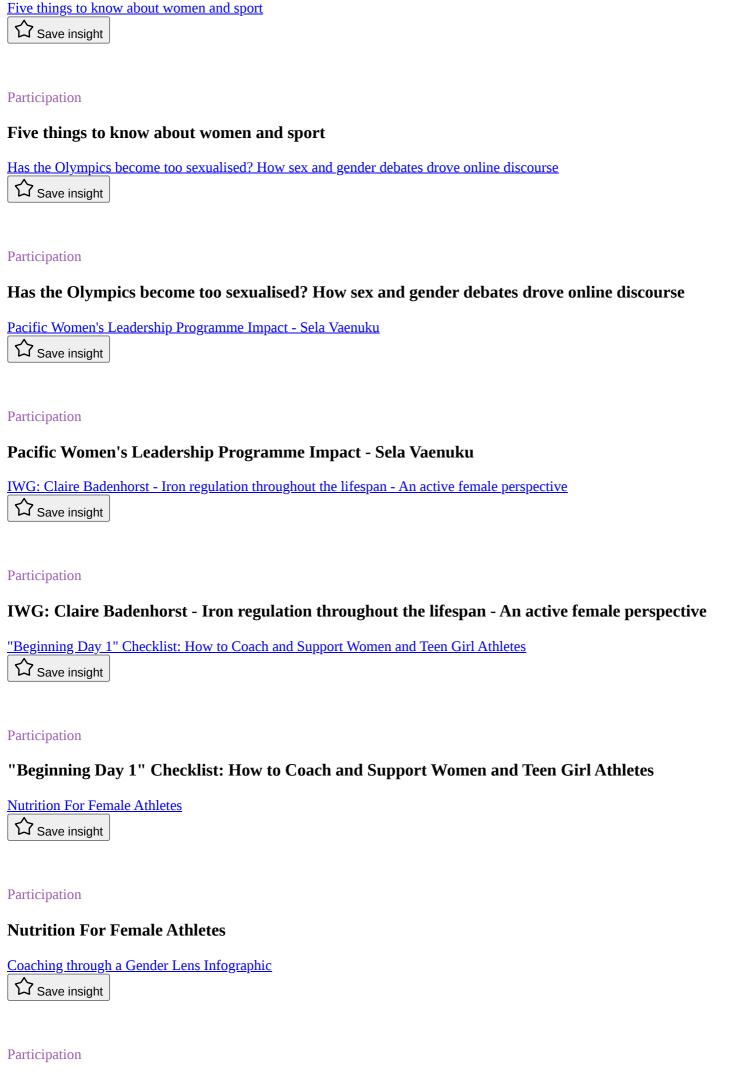
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Te Awamutu AFC starts 2024 off strong with growing demand

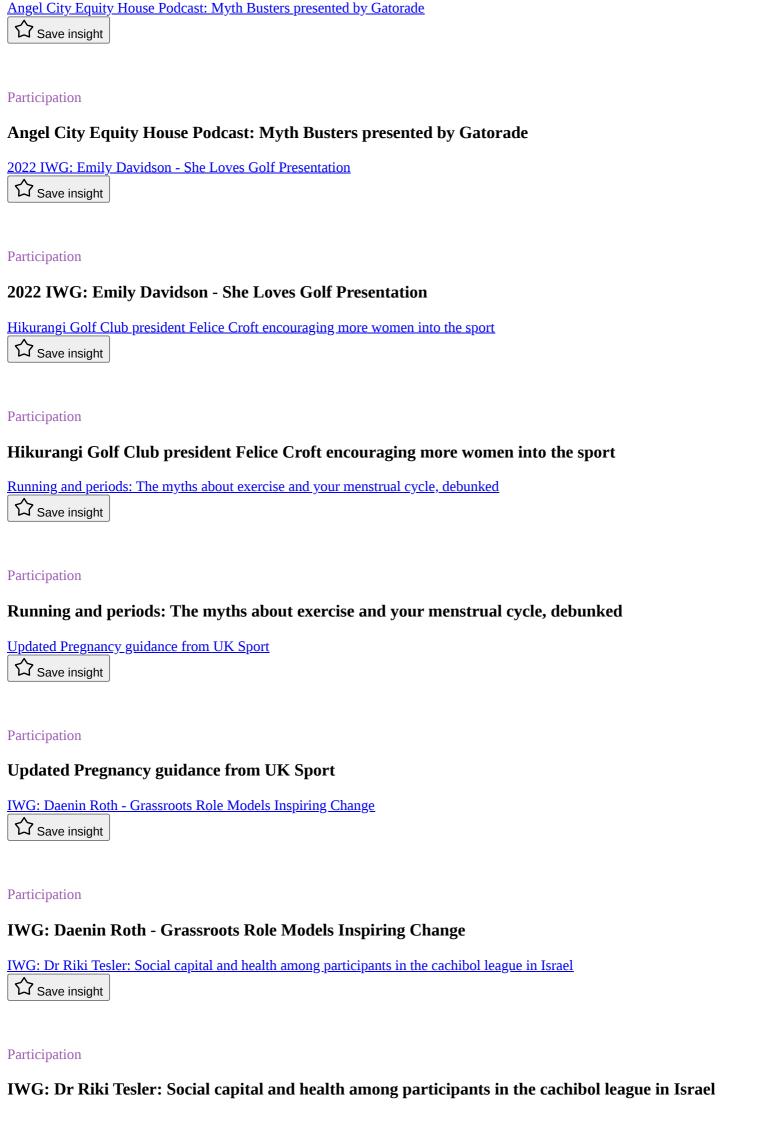


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Te Awamutu AFC starts 2024 off strong with growing demand



Coaching through a Gender Lens Infographic



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Young Women Profile - September 2021
IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls Save insight
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IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill Save insight

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Co-Designing Effective Programmes for Young Girls: Insights and Principles

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

Young Women Profile - September 2021

Save insight

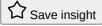


Participation

Participation

How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation <u>Empowering Disengaged Girls Through A Participant-Centered Programme</u>



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Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

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By Rachel Howells - Sport New Zealand

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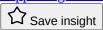
IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



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IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



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Supporting Disabled Teenage Girls to be Active

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



Participation

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand
Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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