

Open search panel



Search

Search the Insight Hub...

Cancel

- [Insights](#)
[Rangahau](#)
- [Events](#)
[Hui](#)
- [Partnerships](#)
[Rangapū](#)
- [Impact](#)
[Whakaaweawe](#)
- About
Mō Mātou
 - [Overview](#)
 - [History](#)
 - [Support](#)
-  [0](#)
[Saved](#)

 [0](#) [Saved](#)

 EN 

- [Sign in](#)
- [Submit](#) 

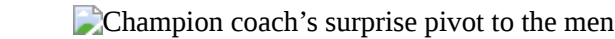
 

Toggle navigation

[Submit](#) 

Champion coach’s surprise pivot to the men Former Mystics winning coach Helene Wilson is realising her dream to coach an international netball side, with the men’s Net Blacks, but it’s been a baptism of fire, Suzanne McFadden writes

Theme:
Leadership



[Suzanne McFadden](#)



It’s what you might call an unexpected pivot. Helene Wilson has gone from her paid job helping New Zealand women to lead in high performance sport, to a voluntary role helping men in netball to flourish.

It may seem paradoxical, but the ANZ Premiership champion coach says both roles champion diversity and inclusion. And her new coaching gig with the New Zealand men’s netball side has helped her recapture her joy for netball.


Wilson also has an idea to solve the dilemma of how the New Zealand women’s game could grow at the pinnacle of the sport, with the help of their male counterparts.


It was a “no-brainer” for Wilson to take on the Net Blacks this season. “As a sports coach, you want the best opportunities for the people you work with – the equity piece is around ‘Can every person have an opportunity to play the sport they’re passionate about?’” she says.


“In a lot of sports, that’s about supporting women to play the sport that they love. And in netball, because it’s a predominantly women’s sport, my role is supporting the men to play the sport they love.

“It’s not a gender issue. And when you look at sport through an inclusive lens, you learn so much about how sport can be a vehicle for social good. And I think that’s what I’m bringing to netball.”

[Read the full story via LockerRoom here](#)


Save this Insight


Print this Insight


Download Insight assets
For use in your own documents


Was this Insight helpful?




Share this Insight

- 

[Facebook](#)
- 

[Twitter](#)
- 

[Email](#)
- 

Copy this page's URL



[Email this Insight](#)



Close 'Download Insight Assets' modal



Download Insight assets

- [Champion coach’s surprise pivot to the men.pdf](#)
- [Helene-Wilson-Net-Blacks-coach-MB-Photo-scaled.webp 60KB WEBP](#)

Was this Insight useful?



Similar Insights (132)

[Celebrating the Success of the Young Pacific Leaders Women’s Sports Programme 2025](#)




Save insight

Leadership

Celebrating the Success of the Young Pacific Leaders Women’s Sports Programme 2025

By Merran Brockie-David - Women in Sport Aotearoa
[Progressing gender equity in senior leadership: a systematic literature review](#)




Save insight

Leadership

Progressing gender equity in senior leadership: a systematic literature review

[How rowing shapes resilient leaders](#)




Save insight

Leadership

How rowing shapes resilient leaders

[Pacific Women’s Sports Leadership Programme Expands: On-Island Workshops Coming to Fiji & Tonga](#)



Save insight

Leadership

Pacific Women’s Sports Leadership Programme Expands: On-Island Workshops Coming to Fiji & Tonga

[Young Pacific Leaders Women's Sports Programme - Week One Video](#)

 Save insight

Leadership

Young Pacific Leaders Women's Sports Programme - Week One Video


By Merran Brockie-David - Women in Sport Aotearoa
[Sport Horizon UK’s Annual Training Plan – Free Download](#)

 Save insight

Leadership

Sport Horizon UK’s Annual Training Plan – Free Download


[Fresh off the Field](#) podcast featuring [WISPA CEO Nicky van den Bos](#)

 Save insight

Leadership

Fresh off the Field podcast featuring WISPA CEO Nicky van den Bos


[Young Pacific Leaders Sports Programme Off to a Strong Start in Aotearoa, New Zealand](#)

 Save insight

Leadership

Young Pacific Leaders Sports Programme Off to a Strong Start in Aotearoa, New Zealand


By Merran Brockie-David - Women in Sport Aotearoa
[From Aotearoa to the Pacific: 11 New Zealand Sports Organisations Back 2025 YPL Sports Programme to Shape Future Leaders](#)

 Save insight

Leadership

From Aotearoa to the Pacific: 11 New Zealand Sports Organisations Back 2025 YPL Sports Programme to Shape Future Leaders


By Merran Brockie-David - Women in Sport Aotearoa
[SailGP trailblazers to rising Kiwi stars - 'Don't let failure hold you back!'](#)

 Save insight

Leadership

SailGP trailblazers to rising Kiwi stars - 'Don't let failure hold you back!'


[King and Kloss: More to be conquered](#) What drives [Billie Jean King](#) and [Ilana Kloss](#) to power forward with decades-long support of [women’s sports](#)

 Save insight

Leadership

King and Kloss: More to be conquered What drives Billie Jean King and Ilana Kloss to power forward with decades-long support of women’s sports


[Pipeline Project - 2024 Employment Overview - NCAA Football Bowl Subdivisions](#)

 Save insight

Leadership

Pipeline Project - 2024 Employment Overview - NCAA Football Bowl Subdivisions

[Young Pacific Leaders Women’s Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport](#)


 Save insight

Leadership

Young Pacific Leaders Women’s Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport

By Merran Brockie-David - Women in Sport Aotearoa

[Marguerite delighted to receive New Year Honour](#)


 Save insight

Leadership

Marguerite delighted to receive New Year Honour

By Steve Landells - Paralympics New Zealand

[Roche relishing Boccia to Wheelchair rugby switch](#)


 Save insight

Leadership

Roche relishing Boccia to Wheelchair rugby switch

By Steve Landells - Paralympics New Zealand


[U.S. Soccer announces landmark \\$30 million donation for women's programme](#)

 Save insight

Leadership

U.S. Soccer announces landmark \$30 million donation for women’s programme

[Sports Mentoring delegate hopes to bring lessons from NHL to home in New Zealand](#)

 Save insight

Leadership

Sports Mentoring delegate hopes to bring lessons from NHL to home in New Zealand


[Young Pacific Leaders Women’s Sport Programme to empower emerging female leaders in the Pacific Islands](#)

 Save insight

Leadership

Young Pacific Leaders Women’s Sport Programme to empower emerging female leaders in the Pacific Islands


By Merran Brockie-David - Women in Sport Aotearoa
[Rise and Thrive: Empowering female coaches](#)

 Save insight

Leadership

Rise and Thrive: Empowering female coaches


[Young Pacific Leaders Women's Sports Programme](#)

 Save insight

Leadership

Young Pacific Leaders Women's Sports Programme


By Merran Brockie-David - Women in Sport Aotearoa
[Football Victoria Making Change](#)

 Save insight

Leadership

Football Victoria Making Change


[Female full-court press in basketball takeover](#)

 Save insight

Leadership

Female full-court press in basketball takeover


By Suzanne McFadden - LockerRoom
[Change in Action Week - Innovative Impact FINALIST - Cambridge FC](#)

 Save insight

Leadership

Change in Action Week - Innovative Impact FINALIST - Cambridge FC

[Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa](#)

 Save insight

Leadership

Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa


[Change in Action Week - Dad's as Allies FINALIST - Dan Doland](#)

 Save insight

Leadership

Change in Action Week - Dad's as Allies FINALIST - Dan Doland


[Change in Action Week - Digital Innovation FINALIST - Brad Lenko](#)

 Save insight

Leadership

Change in Action Week - Digital Innovation FINALIST - Brad Lenko

[Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt](#)

 Save insight

Leadership

Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt


[Change in Action Week - Pioneer of Change FINALIST - Dino Michalakis](#)

 Save insight

Leadership

Change in Action Week - Pioneer of Change FINALIST - Dino Michalakis


[Akarana Falcons front with all-female coaching staff](#)

 Save insight

Leadership

Akarana Falcons front with all-female coaching staff


[Change in Action Week - Dad's as Allies FINALIST - Tyson Waina](#)

 Save insight

Leadership

Change in Action Week - Dad's as Allies FINALIST - Tyson Waina


[Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart](#)

 Save insight

Leadership

Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart

[Change in Action Week - Pioneer of Change Winner - Kimberley Kan](#)

 Save insight

Leadership

Change in Action Week - Pioneer of Change Winner - Kimberley Kan


[Change in Action Week - Wāhine Toa Winner - Shanee Kiriau](#)

 Save insight

Leadership

Change in Action Week - Wāhine Toa Winner - Shanee Kiriau


[Change in Action Week - Dad's as Allies Winner - Ben Quane](#)

 Save insight

Leadership

Change in Action Week - Dad's as Allies Winner - Ben Quane


[Play to Lead: The Generational Impact of Sport on Women's Leadership](#)

 Save insight

Leadership

Play to Lead: The Generational Impact of Sport on Women's Leadership

[Rise & Thrive Coaching Course - Manawatū](#)


 Save insight

Leadership

Rise & Thrive Coaching Course - Manawatū

By Merran Brockie-David - Women in Sport Aotearoa

[Whanake o te Kōpara - Four Year Impact Report](#)


 Save insight

Leadership

Whanake o te Kōpara - Four Year Impact Report

By Merran Brockie-David - Women in Sport Aotearoa

[NZC prioritise understanding of Female Athlete Health](#)

 Save insight

Leadership

NZC prioritise understanding of Female Athlete Health

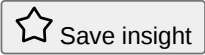
By Jess Davidson - New Zealand Cricket
[Whanake o te Kōpara case study - Daneka Geaney-Jones](#)



Leadership

Whanake o te Kōpara case study - Daneka Geaney-Jones

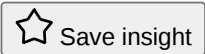
By Merran Brockie-David - Women in Sport Aotearoa
[Gender Equity in Coaching Webinar](#)



Leadership

Gender Equity in Coaching Webinar

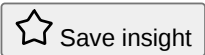
By Canadian Women & Sport - Canadian Women & Sport
[Women and Girls Referees: Building a Transformative Infrastructure](#)



Leadership

Women and Girls Referees: Building a Transformative Infrastructure

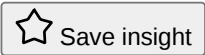
By Sarah Leberman MNZM - Women in Sport Aotearoa
[One woman, two chairs at top of NZ sport](#)



Leadership

One woman, two chairs at top of NZ sport

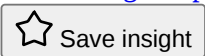
[2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership](#)



Leadership

2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership

[Tātāwhāinga - Episode 10: Gender Equity](#)



Leadership

Tātāwhāinga - Episode 10: Gender Equity


By Erin Roxburgh - Women in Sport Aotearoa
[Tātāwhāinga - Episode 9: Sport Leadership](#)

 Save insight

Leadership

Tātāwhāinga - Episode 9: Sport Leadership


By Erin Roxburgh - Women in Sport Aotearoa
[Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation](#)

 Save insight

Leadership

Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation


By Erin Roxburgh - Women in Sport Aotearoa
[Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1](#)

 Save insight

Leadership

Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1


By Erin Roxburgh - Women in Sport Aotearoa
[Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes](#)

 Save insight

Leadership

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes


By Erin Roxburgh - Women in Sport Aotearoa
[Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle](#)

 Save insight

Leadership

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle


By Erin Roxburgh - Women in Sport Aotearoa
[The Aotearoa Legacy](#)

 Save insight

Leadership

The Aotearoa Legacy

By Peta Forrest - Women in Sport Aotearoa
[Young Women's Leadership Programme](#)

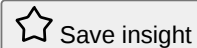
 Save insight

Leadership

Young Women's Leadership Programme

By Sarah Leberman MNZM - Women in Sport Aotearoa

[IWG 2022 Progress Report](#)

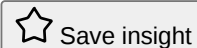


Leadership

IWG 2022 Progress Report

By Robyn Cockburn - LUMIN

[Women & Girls Action Plan](#)

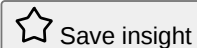


Leadership

Women & Girls Action Plan

By Maddi Mclean - Sport New Zealand

[Ako Wāhine: Journey of Learning](#)

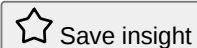


Leadership

Ako Wāhine: Journey of Learning

By Heather Dawson - New Zealand Rugby

[Gender and Variation of Experience](#)

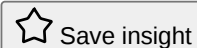


Leadership

Gender and Variation of Experience

By Kirsten Spencer - Auckland University of Technology

[New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course](#)

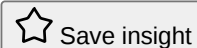


Leadership

New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course

By Amy McClintock - Basketball New Zealand


[Most kids are only coached by men in junior sport – women need to be part of the picture, too](#)



Leadership

Most kids are only coached by men in junior sport – women need to be part of the picture, too

[Charmaine Smith cherishing opportunity to play international rugby](#)

 Save insight

Leadership

Charmaine Smith cherishing opportunity to play international rugby


[Professional athletes share the struggle of motherhood and their careers](#)

 Save insight

Leadership

Professional athletes share the struggle of motherhood and their careers

[Te Hāpaitanga’s role in advancing women in high performance coaching](#)

 Save insight

Leadership

Te Hāpaitanga’s role in advancing women in high performance coaching


[Keeping our Olympians cool, calm and bug-free](#)

 Save insight

Leadership

Keeping our Olympians cool, calm and bug-free


[King’s Birthday honours](#)

 Save insight

Leadership

King’s Birthday honours


[Case Study – Annalie Longo - LockerRoom](#)

 Save insight

Leadership

Case Study – Annalie Longo - LockerRoom


[LockerRoom Story: Case Study - Rushlee Buchanan](#)

 Save insight

Leadership

LockerRoom Story: Case Study - Rushlee Buchanan

[IWG: Mel Johnston - Women in Community Sport Club Leadership](#)

 Save insight

Leadership

IWG: Mel Johnston - Women in Community Sport Club Leadership


[Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand](#)

 Save insight

Leadership

Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand


[Young Women's Leadership Opportunity Provides Huge Value](#)

 Save insight

Leadership

Young Women's Leadership Opportunity Provides Huge Value


[Value of your network – Whanake o te Kōpara - Ellie Eastwood](#)

 Save insight

Leadership

Value of your network – Whanake o te Kōpara - Ellie Eastwood


[Chiefs create tie to assist women’s rugby in New Zealand and Japan](#)

 Save insight

Leadership

Chiefs create tie to assist women’s rugby in New Zealand and Japan


[Trailblazing surf star lines up new gig](#)

 Save insight

Leadership

Trailblazing surf star lines up new gig

[Sport NZ announces 2024 Sport And Recreation Award Winners](#)

 Save insight

Leadership

Sport NZ announces 2024 Sport And Recreation Award Winners


[Women in Sport Recruitment and Retention Guidelines](#)

 Save insight

Leadership

Women in Sport Recruitment and Retention Guidelines

[Pacific Leadership Programme - Impacting Pacific Women & Girls](#)


 Save insight

Leadership

Pacific Leadership Programme - Impacting Pacific Women & Girls

By Merran Brockie-David - Women in Sport Aotearoa

[Gender Equity is Good Governance – Lessons from the Sport Sector](#)

 Save insight

Leadership

Gender Equity is Good Governance – Lessons from the Sport Sector

[IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts](#)

 Save insight

Leadership

IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts

[IWG: Emma Evans - Advancing leadership across the Pacific](#)

 Save insight

Leadership

IWG: Emma Evans - Advancing leadership across the Pacific

[2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women’s Sport: How Your Sport Can Make the Most Informed Decision.](#)

 Save insight

Leadership

2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women’s Sport: How Your Sport Can Make the Most Informed Decision.

[Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys](#)

 Save insight

Leadership

Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys
[Strategies that Male Allies Use to Advance Women in the Workplace](#)

 Save insight

Leadership

Strategies that Male Allies Use to Advance Women in the Workplace

[Trailblazing basketballer making history in All Blacks management](#)

 Save insight

Leadership

Trailblazing basketballer making history in All Blacks management

[REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE](#)

 Save insight

Leadership

REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE


By Sarah Leberman MNZM - Women in Sport Aotearoa
[Kiwi breaks the grass ceiling](#)

 Save insight

Leadership

Kiwi breaks the grass ceiling

[Grief, recriminations, then gold: How the wheel has turned for Cycling NZ](#)

 Save insight

Leadership

Grief, recriminations, then gold: How the wheel has turned for Cycling NZ

[Pacific Women's Leadership Programme - Host organisation impact](#)

 Save insight

Leadership

Pacific Women's Leadership Programme - Host organisation impact

By Merran Brockie-David - Women in Sport Aotearoa
[Women, Sport & Governance](#)

 Save insight

Leadership

Women, Sport & Governance


[Ann Downey: Great female coaches are there, they just need to be asked](#)

 Save insight

Leadership

Ann Downey: Great female coaches are there, they just need to be asked

[The Reykjavík Index for Leadership](#)

 Save insight

Leadership

The Reykjavík Index for Leadership


['I'm saying this for the first time': AB's manager's road to the top](#)

 Save insight

Leadership

'I'm saying this for the first time': AB's manager's road to the top


[Megan Compain: NZ’s First Pro Basketball Player in the USA & All Blacks' New Commercial Manager](#)

 Save insight

Leadership

Megan Compain: NZ’s First Pro Basketball Player in the USA & All Blacks' New Commercial Manager


[Lisa O'Keefe: Uniting women’s sport across the world \(Podcast\)](#)

 Save insight

Leadership

Lisa O'Keefe: Uniting women’s sport across the world (Podcast)


[Sports Management Training Programme empowering women in Africa](#)

 Save insight

Leadership

Sports Management Training Programme empowering women in Africa

[Bringing Gender in Tool](#)

 Save insight

Leadership

Bringing Gender in Tool


[Celebrating Champions of Change: Helene Wilson](#)

 Save insight

Leadership

Celebrating Champions of Change: Helene Wilson


[How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?](#)

 Save insight

Leadership

How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?


[Celebrating Champions of Change: Rebecca Rolls](#)

 Save insight

Leadership

Celebrating Champions of Change: Rebecca Rolls

[Pacific Women's Leadership impact: Pualele Craig](#)

 Save insight

Leadership

Pacific Women's Leadership impact: Pualele Craig

By Merran Brockie-David - Women in Sport Aotearoa


[5 4 3 2 1 Paris: Luuka Jones](#)

 Save insight

Leadership

5 4 3 2 1 Paris: Luuka Jones


[Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei](#)

 Save insight

Leadership

Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei

[IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women](#)

 Save insight

Leadership


IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women
[Launch of Basketball New Zealand Emerging Leaders Programme!](#)

 Save insight

Leadership

Launch of Basketball New Zealand Emerging Leaders Programme!


[Wonder Women: Women Who Lead initiative launched](#)

 Save insight

Leadership

Wonder Women: Women Who Lead initiative launched


[IWG: Michelle DeHighden - Developing our NextGEN Female Coaches](#)

 Save insight

Leadership

IWG: Michelle DeHighden - Developing our NextGEN Female Coaches


[Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion](#)

 Save insight

Leadership

Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion


[Black Ferns leader's momentous rugby deal](#)

 Save insight

Leadership

Black Ferns leader's momentous rugby deal


[Supporting good governance through board gender diversity](#)

 Save insight

Leadership

Supporting good governance through board gender diversity

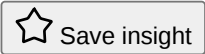
[Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple](#)

 Save insight

Leadership

Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple

[New research reveals how sports clubs manage integrity issues - AUT](#)



Leadership

New research reveals how sports clubs manage integrity issues - AUT

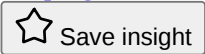
[Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions](#)



Leadership

Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions

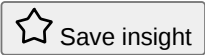
[Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions](#)



Leadership

Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions

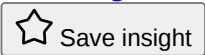
[IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot](#)



Leadership

IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot

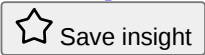
[Enhancing Participation Pathways for Women Coaches in Community Sport](#)



Leadership

Enhancing Participation Pathways for Women Coaches in Community Sport

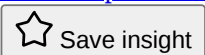
[A development experience to remember](#)



Leadership

A development experience to remember

[A development experience to remember](#)



Leadership


A development experience to remember
[Parents Guide to getting young women and girls physically active](#)

 Save insight

Leadership

Parents Guide to getting young women and girls physically active


By Briana iring - Aktive - Auckland Sport & Recreation
[HERA Coaching Young Women and Girls Toolkit](#)

 Save insight

Leadership

HERA Coaching Young Women and Girls Toolkit


By Briana iring - Aktive - Auckland Sport & Recreation
[IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports](#)

 Save insight

Leadership

IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports


[IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports](#)

 Save insight

Leadership

IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports


[IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.](#)

 Save insight

Leadership

IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.


[Hera principles](#)

 Save insight

Leadership

Hera principles

By Briana iring - Aktive - Auckland Sport & Recreation
[IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports](#)

 Save insight

Leadership

IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports

[IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing](#)



Leadership

IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

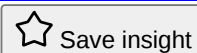
[IWG: Akane Mikura - JBA progress of developing women coach](#)




Leadership

IWG: Akane Mikura - JBA progress of developing women coach

[Te Whāriki Hou- Te Mana o te Wahine](#)



 Te Whāriki Hou

Leadership

Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand

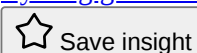
[IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture](#)



Leadership

IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture

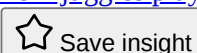
[Cycling great dodges potholes in life after sport](#)



Leadership

Cycling great dodges potholes in life after sport

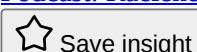
[Fern juggles player and coach roles](#)



Leadership

Fern juggles player and coach roles

[Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!](#)



Leadership

Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!

[Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report](#)



Save insight

Leadership

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

By Rachel Howells - Sport New Zealand

[Improving Women's Experiences of Mentorship in Canadian Coaching](#)



Save insight

Leadership

Improving Women's Experiences of Mentorship in Canadian Coaching

[Playing Sports May Be The Secret To Women's Career Success](#)



Save insight

Leadership

Playing Sports May Be The Secret To Women's Career Success

[Nuku Ora W&G Week Collaboration Session](#)



Save insight

Leadership

Nuku Ora W&G Week Collaboration Session

By Lily Joiner - Nuku Ora

[Whanake o te Kōpara - Impacting young wāhine](#)




Save insight

Leadership

Whanake o te Kōpara - Impacting young wāhine

By Merran Brockie-David - Women in Sport Aotearoa





Our Partners

-  Sport NZ
-  NZ Foreign affairs and trade
-  US Embassy NZ

[Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa](#)



Facebook

-  [Instagram](#)
-  [Linkedin](#)
-  [TikTok](#)
-  [YouTube](#)

- [Contact](#)
- [FAQs](#)
- [Privacy policy](#)
- [Terms of use](#)

© 2025 Women in Sport Aotearoa


Subscribe to our newsletter

Receive the latest news, events and insights as we publish them.


Name:

Email:

[Subscribe](#) 



Close panel

 Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa

Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First name:*

Email:*

Preferences

Select those that apply to you to help us customise your Insight Hub experience.

Insight Themes

- ☒ All
- ☒ Leadership
- ☒ Social Change
- ☒ Active Lives
- ☒ High Performance
- ☒ Visibility and Voice

Insight Content Types

- ☒ All
- ☒ Research
- ☒ Case studies
- ☒ News stories



Toolkits

Subscribe now >