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Change in Action Week - Innovative Impact FINALIST - Active Wāhine

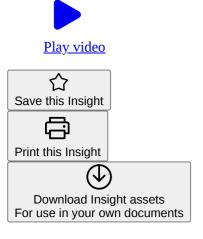
Theme: Participation

Change in Action Week - Innovative Impact FINALIST - Active Wāhine

Change in Action Week - Innovative Impact FINALIST - Active Wāhine

Active Wāhine empowers secondary school girls to engage in physical activity by developing safe after-school fitness programmes co-designed with the girls to improve access, knowledge and confidence in sport.

Led by School Sport Canterbury and supported by local community providers, this initiative has not only increased participation but boosted the girls' confidence in physical education and introduced them to recreational facilities they previously knew little about.



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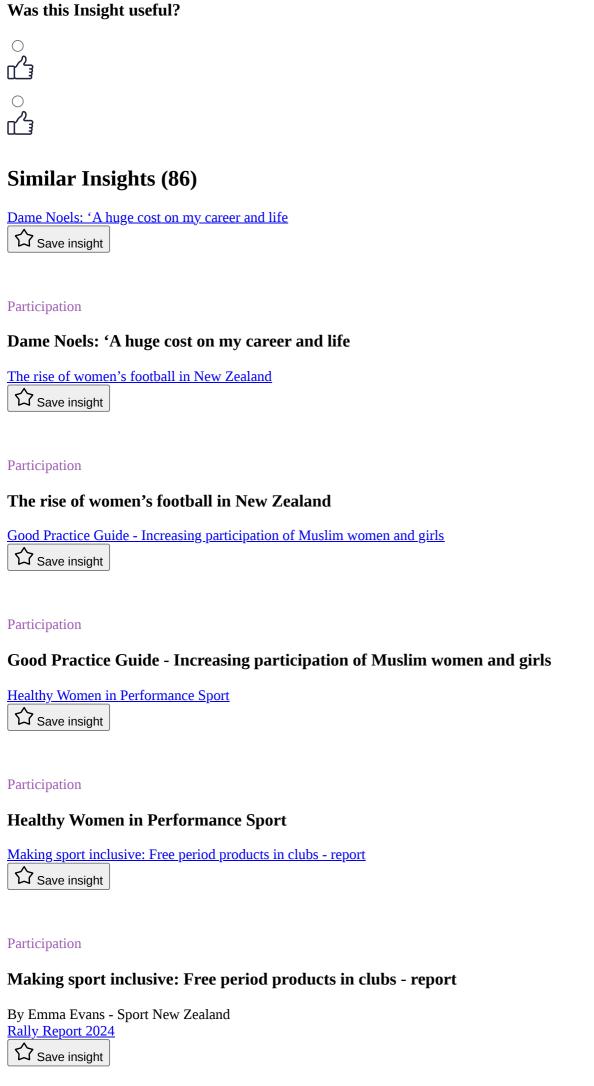


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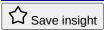
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Rally Report 2024

By Canadian Women & Sport - Canadian Women & Sport Women in Trail Running - Aotearoa 2015-24



Participation

Women in Trail Running - Aotearoa 2015-24

Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week



Participation

Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week

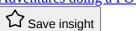
<u>UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports</u>



Participation

UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports

Adventures doing a POWA of good



Participation

Adventures doing a POWA of good

By Angela Walker - LockerRoom

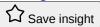
<u>Is Paris 2024 really achieving its goals for gender equality?</u>



Participation

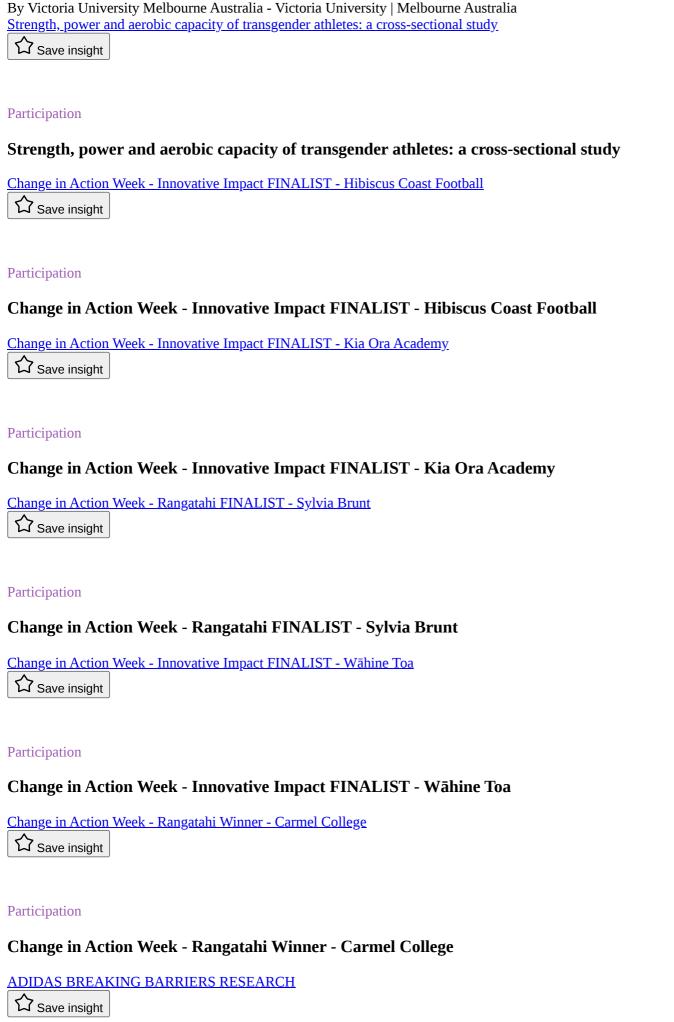
Is Paris 2024 really achieving its goals for gender equality?

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia New legislation for gender identity and sex characteristics in Queensland sport



Participation

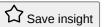
New legislation for gender identity and sex characteristics in Queensland sport



Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition Save insight
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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition
GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN Save insight
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GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN
By Emma Evans - Sport New Zealand A 2024 SURVEY FOR: Women in Trail and Ultrarunning Save insight
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A 2024 SURVEY FOR: Women in Trail and Ultrarunning
By Ali Pottinger - Squadrun 2022 IWG: Christine Young - Integrity in HP Youth Sport Save insight
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2022 IWG: Christine Young - Integrity in HP Youth Sport
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton Save insight
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2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport Save insight
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2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport
2022 IWG: Kirsten Spencer - Sport as a social development tool Save insight
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2022 IWG: Kirsten Spencer - Sport as a social development tool

2022 IWG: Erin Hatton - Driving transformational change



Participation

2022 IWG: Erin Hatton - Driving transformational change

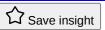
<u>Understanding Period Poverty Infographic</u>



Participation

Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti
Netball Resources for Clubs and School Administrators



Participation

Netball Resources for Clubs and School Administrators

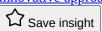
By Jenna Murie - Netball New Zealand <u>Girls Smash Modified Girls Only Cricket Programme</u>



Participation

Girls Smash Modified Girls Only Cricket Programme

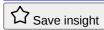
By Jess Davidson - New Zealand Cricket Innovative approaches to encouraging women's participation in Golf



Participation

Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



Netball Volunteer Programme

By Jenna Murie - Netball New Zealand

Mind. Set. Engage. Rugby's mental wellbeing programme.

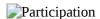


Participation

Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

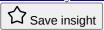




Participation

Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



Participation

Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



Participation

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

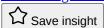
Why Aussie women's sport needs to talk about fertility



Participation

Why Aussie women's sport needs to talk about fertility

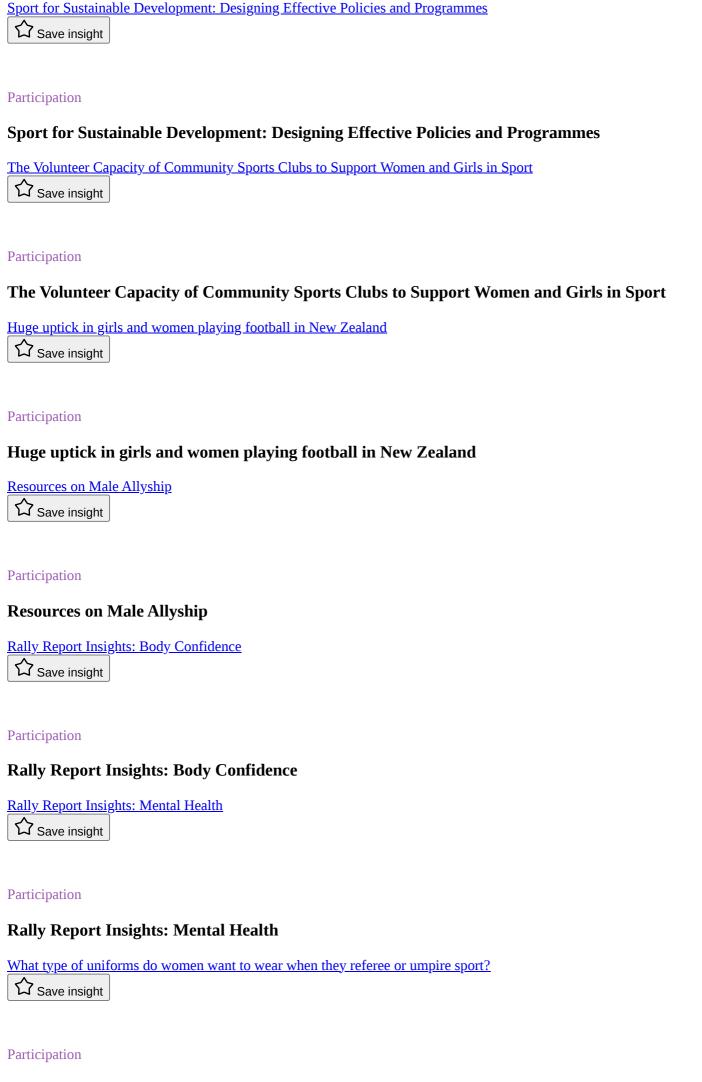
She Belongs: Building Social Connection for Lasting Participation in Sport



Participation

She Belongs: Building Social Connection for Lasting Participation in Sport

By Canadian Women & Sport - Canadian Women & Sport



What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel:	Start of a love story
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Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



Participation

Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



Participation

Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



Participation

Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it



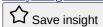


Participation

Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



Participation

For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



Participation

Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



Participation

Backyard Smash & Sista Smash

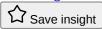
By Roxanna Holdworth - This is ME
The female-friendliness of New Zealand's tennis clubs



Participation

The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



Participation

Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



Participation

Te Awamutu AFC starts 2024 off strong with growing demand

Five things to know about women and sport



Participation

Five things to know about women and sport

Has the Olympics become too sexualised? How sex and gender debates drove online discourse

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Has the Olympics become too sexualised? How sex and gender debates drove online discourse
Pacific Women's Leadership Programme Impact - Sela Vaenuku Save insight
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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes
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"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes
Nutrition For Female Athletes
Save insight
Participation
Nutrition For Female Athletes
Coaching through a Gender Lens Infographic
Save insight
Participation
Coaching through a Gender Lens Infographic

<u>Angel City Equity House Podcast: Myth Busters presented by Gatorade</u>

Save insight

Participation

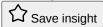
Angel City Equity House Podcast: Myth Busters presented by Gatorade

2022 IWG: Emily Davidson - She Loves Golf Presentation



2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport



Participation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport

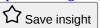
Running and periods: The myths about exercise and your menstrual cycle, debunked



Participation

Running and periods: The myths about exercise and your menstrual cycle, debunked

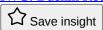
Updated Pregnancy guidance from UK Sport



Participation

Updated Pregnancy guidance from UK Sport

IWG: Daenin Roth - Grassroots Role Models Inspiring Change



Participation

IWG: Daenin Roth - Grassroots Role Models Inspiring Change

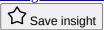
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



Participation

IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel

Young Women Profile - September 2021



Participation

Young Women Profile - September 2021

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

New Zealand Football Performance & Prevention - Considerations for Female Athletes



Participation

New Zealand Football Performance & Prevention - Considerations for Female Athletes

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



Participation

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

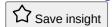
Co-Designing Effective Programmes for Young Girls: Insights and Principles



Participation

Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants



Participation

Participation

How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme

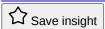


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Empowering Disengaged Girls Through A Participant-Centered Programme

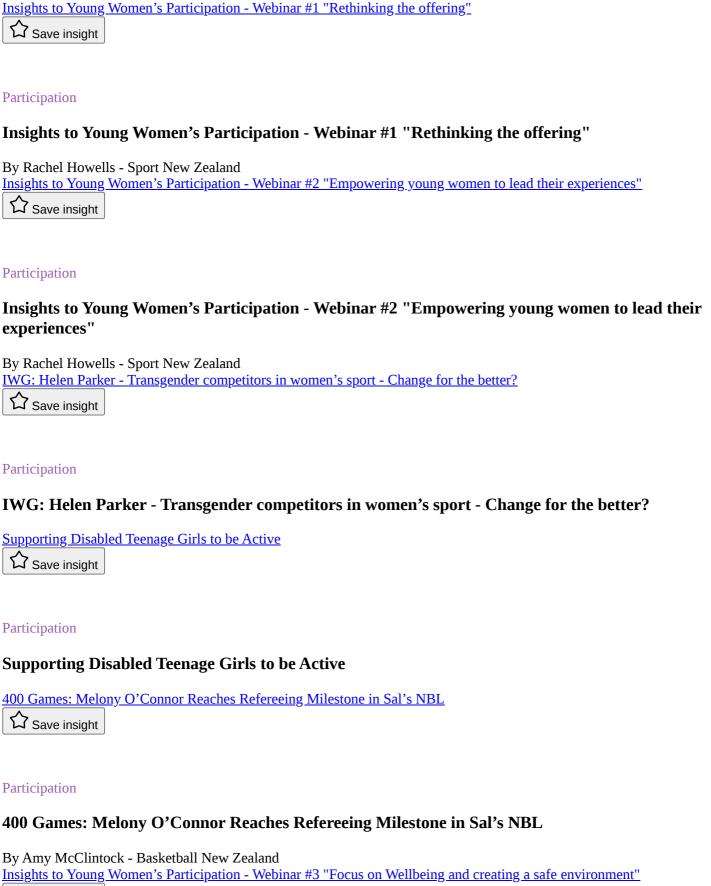
By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

Participation

Aktive Women & Girls Facility Guide



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Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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