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### Coaching through a Gender Lens Infographic

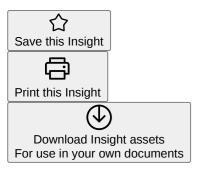
Theme: Participation

Coaching through a Gender Lens Infographic

Co-authored by Women's Sports Foundation

### Coaching through a Gender Lens Infographic

View the infographic here: <a href="https://www.womenssportsfounda...">https://www.womenssportsfounda...</a>



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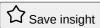
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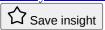
Good Practice Guide - Increasing participation of Muslim women and girls



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Good Practice Guide - Increasing participation of Muslim women and girls

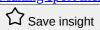
**Healthy Women in Performance Sport** 



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### **Healthy Women in Performance Sport**

Making sport inclusive: Free period products in clubs - report



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Making sport inclusive: Free period products in clubs - report

By Emma Evans - Sport New Zealand

Rally Report 2024



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### Rally Report 2024

By Canadian Women & Sport - Canadian Women & Sport Women in Trail Running - Aotearoa 2015-24



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### Women in Trail Running - Aotearoa 2015-24

Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week



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### Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week

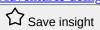
<u>UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports</u>



Participation

# UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports

Adventures doing a POWA of good



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### Adventures doing a POWA of good

By Angela Walker - LockerRoom

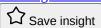
Is Paris 2024 really achieving its goals for gender equality?



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### Is Paris 2024 really achieving its goals for gender equality?

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia New legislation for gender identity and sex characteristics in Queensland sport



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### New legislation for gender identity and sex characteristics in Queensland sport

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

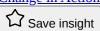


# Strength, power and aerobic capacity of transgender athletes: a cross-sectional study Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football □ Save insight Participation Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football Change in Action Week - Innovative Impact FINALIST - Active Wāhine □ Save insight Participation Change in Action Week - Innovative Impact FINALIST - Active Wāhine Change in Action Week - Innovative Impact FINALIST - Active Wāhine Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy. □ Save insight Participation Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy Change in Action Week - Rangatahi FINALIST - Sylvia Brunt □ Save insight

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Change in Action Week - Innovative Impact FINALIST - Wāhine Toa



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### Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

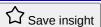
Change in Action Week - Rangatahi Winner - Carmel College

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### Change in Action Week - Rangatahi Winner - Carmel College

ADIDAS BREAKING BARRIERS RESEARCH



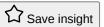
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### ADIDAS BREAKING BARRIERS RESEARCH

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition  Save insight
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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition
GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN  Save insight
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GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN
By Emma Evans - Sport New Zealand  A 2024 SURVEY FOR: Women in Trail and Ultrarunning  Save insight
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A 2024 SURVEY FOR: Women in Trail and Ultrarunning
By Ali Pottinger - Squadrun  2022 IWG: Christine Young - Integrity in HP Youth Sport  Save insight
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2022 IWG: Christine Young - Integrity in HP Youth Sport
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton  Save insight
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2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport  Save insight
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2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport
2022 IWG: Kirsten Spencer - Sport as a social development tool  Save insight
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### 2022 IWG: Kirsten Spencer - Sport as a social development tool

2022 IWG: Erin Hatton - Driving transformational change



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### 2022 IWG: Erin Hatton - Driving transformational change

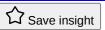
<u>Understanding Period Poverty Infographic</u>



Participation

### **Understanding Period Poverty Infographic**

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



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### Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti
Netball Resources for Clubs and School Administrators



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### **Netball Resources for Clubs and School Administrators**

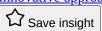
By Jenna Murie - Netball New Zealand <u>Girls Smash Modified Girls Only Cricket Programme</u>



Participation

### Girls Smash Modified Girls Only Cricket Programme

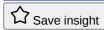
By Jess Davidson - New Zealand Cricket Innovative approaches to encouraging women's participation in Golf



Participation

### Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand

Mind. Set. Engage. Rugby's mental wellbeing programme.

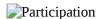


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### Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

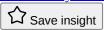




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### **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



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### **Netball Player Development Programme**

By Alysha Jensen - Netball New Zealand

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



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### COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

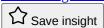
Why Aussie women's sport needs to talk about fertility



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### Why Aussie women's sport needs to talk about fertility

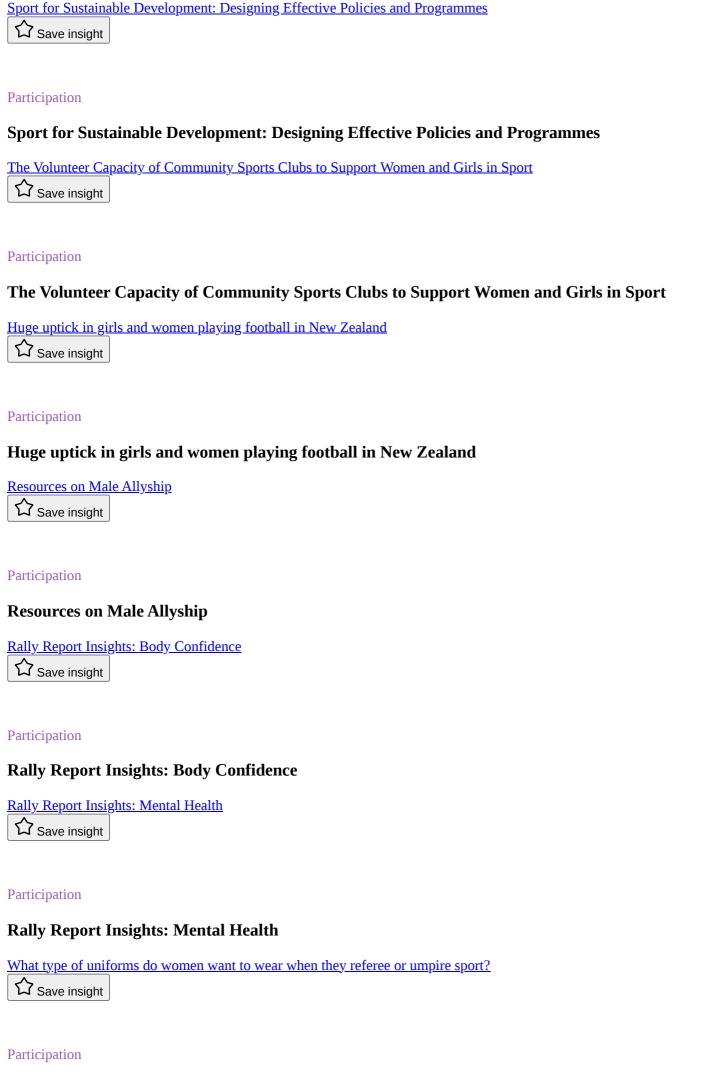
She Belongs: Building Social Connection for Lasting Participation in Sport



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### **She Belongs: Building Social Connection for Lasting Participation in Sport**

By Canadian Women & Sport - Canadian Women & Sport



What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel:	Start of a love story
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### Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



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### Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



Participation

### Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



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### Kōhine māia

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Yeah! Girls Move - Cricket not the way you know it



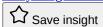


Participation

### Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



Participation

### For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



### Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



Participation

### Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



Participation

### **Backyard Smash & Sista Smash**

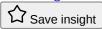
By Roxanna Holdworth - This is ME
The female-friendliness of New Zealand's tennis clubs



Participation

### The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



Participation

### Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



Participation

### Te Awamutu AFC starts 2024 off strong with growing demand

Five things to know about women and sport



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### Five things to know about women and sport

Has the Olympics become too sexualised? How sex and gender debates drove online discourse

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Has the Olympics become too sexualised? How sex and gender debates drove online discourse
Pacific Women's Leadership Programme Impact - Sela Vaenuku
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Pacific Women's Leadership Programme Impact - Sela Vaenuku
IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes  ☐ Save insight
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"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes
Nutrition For Female Athletes
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Nutrition For Female Athletes
Angel City Equity House Podcast: Myth Busters presented by Gatorade
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Angel City Equity House Podcast: Myth Busters presented by Gatorade

2022 IWG: Emily Davidson - She Loves Golf Presentation

Save insight

Participation

2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport

Save insight
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Participation
Hikurangi Golf Club president Felice Croft encouraging more women into the sport
Running and periods: The myths about exercise and your menstrual cycle, debunked
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Running and periods: The myths about exercise and your menstrual cycle, debunked
Updated Pregnancy guidance from UK Sport
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Updated Pregnancy guidance from UK Sport
IWG: Daenin Roth - Grassroots Role Models Inspiring Change
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IWG: Daenin Roth - Grassroots Role Models Inspiring Change
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel
Save insight
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IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel
Young Women Profile - September 2021
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Young Women Profile - September 2021

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

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IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

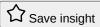
New Zealand Football Performance & Prevention - Considerations for Female Athletes



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**New Zealand Football Performance & Prevention - Considerations for Female Athletes** 

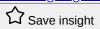
IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



Participation

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



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**Co-Designing Effective Programmes for Young Girls: Insights and Principles** 

By Briana irving - Aktive - Auckland Sport & Recreation

How To Co-Design A Programme With Participants



Participation

Participation

**How To Co-Design A Programme With Participants** 

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme



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Participation

**Empowering Disengaged Girls Through A Participant-Centered Programme** 

By Briana irving - Aktive - Auckland Sport & Recreation

Aktive Women & Girls Facility Guide

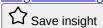


Women & Girls Facility Guide

Participation

**Aktive Women & Girls Facility Guide** 

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"



Participation

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand
<a href="Insights to Young Women's Participation">Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"</a>

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# Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



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### IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



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### **Supporting Disabled Teenage Girls to be Active**

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



Participation

### 400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

<u>Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"</u>



Participation

# Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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