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Empowering Disengaged Girls Through A Participant-Centered Programme

Theme:
Participation


[Briana irving](#)
Co-authored by Aktive
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The case study focuses on a 14-week programme for girls aged 15-18 that identified themselves as disengaged with physical activity. Learn how to take a participant-led approach and find out how this programme engaged and empowered their participants.

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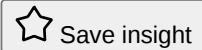
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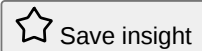
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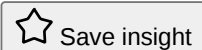
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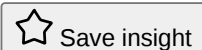
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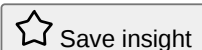
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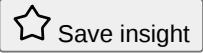
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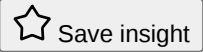
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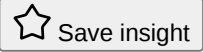
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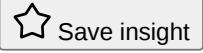


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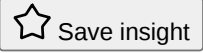


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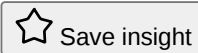
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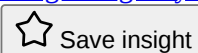
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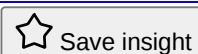
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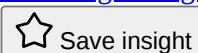
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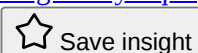
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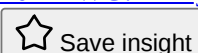
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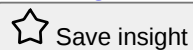
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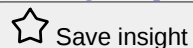
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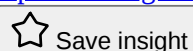
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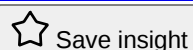
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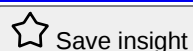
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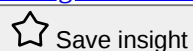
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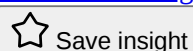
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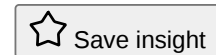
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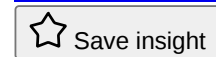
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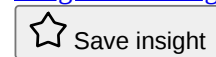


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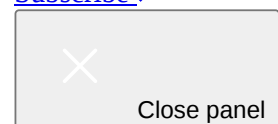
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