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Flow on Effect: Fern Taiapa on breaking down the stigma around menstruation

Theme:
Youth

 Flow on Effect: Fern Taiapa on breaking down the stigma around menstruation

Co-authored by Sport NZ

Fern Taiapa on breaking down the stigma around menstruation

U17 Basketball rep for Counties Manukau and rower, Fern Taiapa is helping to empower her friends to have tough conversations and reframe their thinking on ikura.



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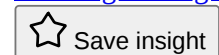
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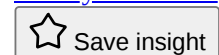
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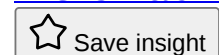


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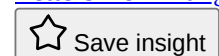


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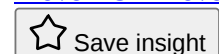
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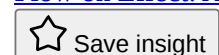
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 Young women from the Women's Organisation of the Waikato Muslim Association with First Step Outdoors staff, after a river trip.

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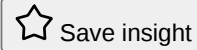
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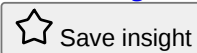
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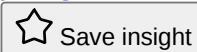
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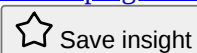
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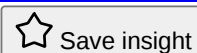


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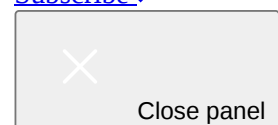
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