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Theme:
Indigeneity



Co-authored by Sport NZ

Michele Wilson on how traditional Māori views of ikura are relevant today

Ikura from a te ao Māori sense is a sacred and tapu time, as Michele Wilson, CEO of AWWA Period Care explains.



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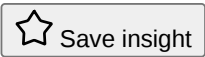
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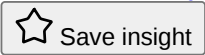
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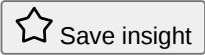
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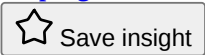
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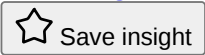
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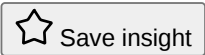
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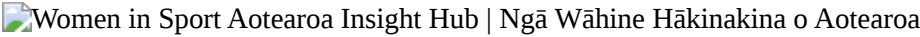
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