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

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Flow on effect: Michele Wilson on how traditional Māori views of ikura are relevant today

Theme:
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 Flow on effect: Michele Wilson on how traditional Māori views of ikura are relevant today

Co-authored by Sport NZ

Michele Wilson on how traditional Māori views of ikura are relevant today

Ikura from a te ao Māori sense is a sacred and tapu time, as Michele Wilson, CEO of AWWA Period Care explains.



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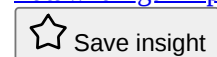
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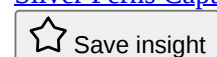


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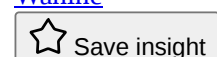


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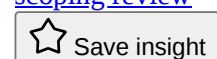
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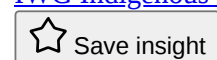
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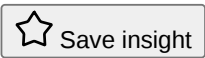
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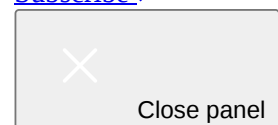
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