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For young women, by young women - WORD girls-only programme

Theme: Participation

For young women, by young women - WORD girls-only programme

Rachel Howells

Co-authored by Sport NZ, WORD

Sport New Zealand

Focussed on encouraging young people to enjoy mountain biking, WORD is working to build the confidence of young women, encouraging new friendships and fostering a lifelong love of mountain biking. Meet the amazing young women involved in creating and leading the mahi.

Focussed on encouraging young people to enjoy mountain biking, WORD is working to build the confidence of young women, encouraging new friendships and fostering a lifelong love of mountain biking. Meet the amazing young women involved in creating and leading the mahi.



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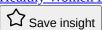
Good Practice Guide - Increasing participation of Muslim women and girls



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Good Practice Guide - Increasing participation of Muslim women and girls

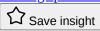
Healthy Women in Performance Sport



Participation

Healthy Women in Performance Sport

Making sport inclusive: Free period products in clubs - report



Participation

Making sport inclusive: Free period products in clubs - report

By Emma Evans - Sport New Zealand

Rally Report 2024



Participation

Rally Report 2024



Women in Trail Running - Aotearoa 2015-24

Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week



Participation

Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week

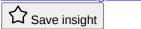
<u>UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports</u>



Participation

UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports

Adventures doing a POWA of good



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Adventures doing a POWA of good

By Angela Walker - LockerRoom

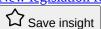
<u>Is Paris 2024 really achieving its goals for gender equality?</u>



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Is Paris 2024 really achieving its goals for gender equality?

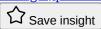
By Victoria University Melbourne Australia - Victoria University | Melbourne Australia New legislation for gender identity and sex characteristics in Queensland sport



Participation

New legislation for gender identity and sex characteristics in Queensland sport

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia Strength, power and aerobic capacity of transgender athletes: a cross-sectional study



Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football



Participation

Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

Change in Action Week - Innovative Impact FINALIST - Active Wāhine



Participation

Change in Action Week - Innovative Impact FINALIST - Active Wāhine

Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



Participation

Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

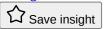
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Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

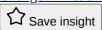
Change in Action Week - Innovative Impact FINALIST - Wahine Toa



Participation

Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

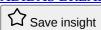
Change in Action Week - Rangatahi Winner - Carmel College



Participation

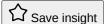
Change in Action Week - Rangatahi Winner - Carmel College

ADIDAS BREAKING BARRIERS RESEARCH



ADIDAS BREAKING BARRIERS RESEARCH

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Participation

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



Participation

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning

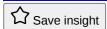


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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

2022 IWG: Christine Young - Integrity in HP Youth Sport



Participation

2022 IWG: Christine Young - Integrity in HP Youth Sport

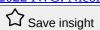
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



Participation

2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

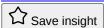
<u>2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport</u>



Participation

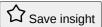
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

2022 IWG: Kirsten Spencer - Sport as a social development tool



2022 IWG: Kirsten Spencer - Sport as a social development tool

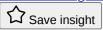
2022 IWG: Erin Hatton - Driving transformational change



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2022 IWG: Erin Hatton - Driving transformational change

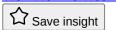
<u>Understanding Period Poverty Infographic</u>



Participation

Understanding Period Poverty Infographic

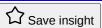
By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



Participation

Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand <u>Girls Smash Modified Girls Only Cricket Programme</u>



Participation

Girls Smash Modified Girls Only Cricket Programme

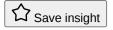
By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



Participation

Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



Netball Volunteer Programme

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.

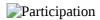


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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

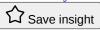




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Sport as a Social Development Tool

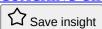
By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



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Netball Player Development Programme

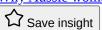
By Alysha Jensen - Netball New Zealand COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



Participation

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

Why Aussie women's sport needs to talk about fertility



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Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport



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Sport for Sustainable Development: Designing Effective Policies and Programmes

The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

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The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

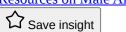
Huge uptick in girls and women playing football in New Zealand

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Huge uptick in girls and women playing football in New Zealand

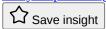
Resources on Male Allyship



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Resources on Male Allyship

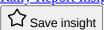
Rally Report Insights: Body Confidence



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Rally Report Insights: Body Confidence

Rally Report Insights: Mental Health

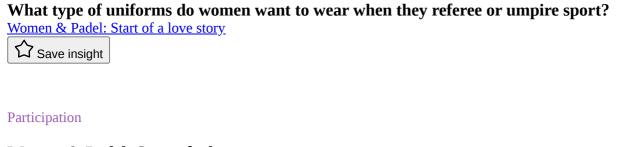


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Rally Report Insights: Mental Health

What type of uniforms do women want to wear when they referee or umpire sport?

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Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



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Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



Participation

Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



Participation

Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it





Participation

Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



Participation

Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand

Manawatū Cricket Association case study



Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu

Backyard Smash & Sista Smash



Participation

Backyard Smash & Sista Smash

By Roxanna Holdworth - This is ME

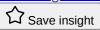
The female-friendliness of New Zealand's tennis clubs



Participation

The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



Participation

Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

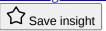
Te Awamutu AFC starts 2024 off strong with growing demand



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Te Awamutu AFC starts 2024 off strong with growing demand

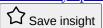
Five things to know about women and sport



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Five things to know about women and sport

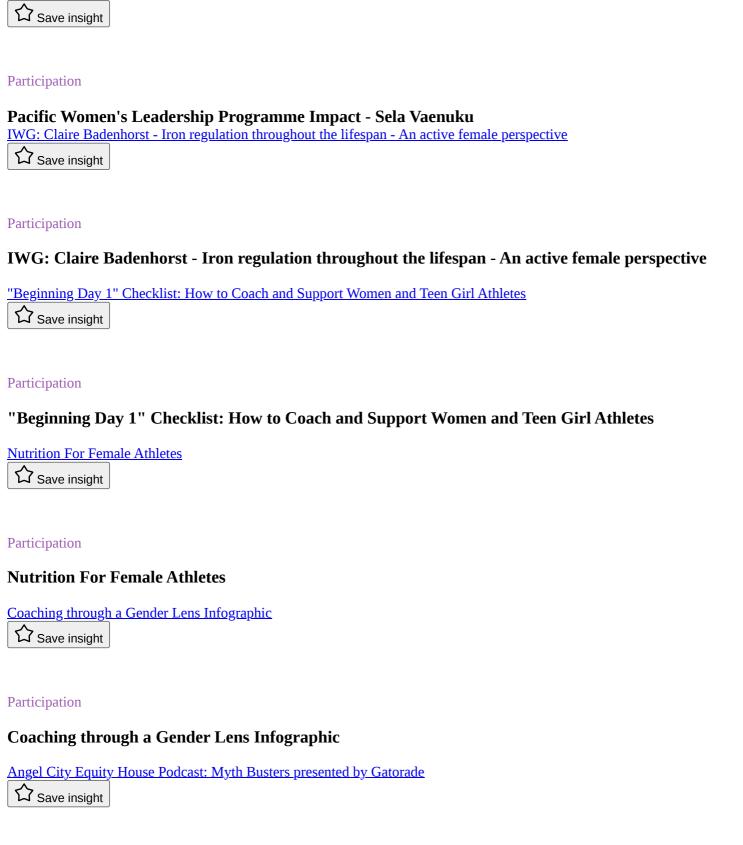
Has the Olympics become too sexualised? How sex and gender debates drove online discourse



Participation

Has the Olympics become too sexualised? How sex and gender debates drove online discourse

Pacific Women's Leadership Programme Impact - Sela Vaenuku



Angel City Equity House Podcast: Myth Busters presented by Gatorade

2022 IWG: Emily Davidson - She Loves Golf Presentation

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2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport

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Hikurangi Golf Club president Felice Croft encouraging more women into the sport
Running and periods: The myths about exercise and your menstrual cycle, debunked
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Updated Pregnancy guidance from UK Sport
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Updated Pregnancy guidance from UK Sport
IWG: Daenin Roth - Grassroots Role Models Inspiring Change
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IWG: Daenin Roth - Grassroots Role Models Inspiring Change
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel
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IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel
Young Women Profile - September 2021
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Young Women Profile - September 2021

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

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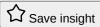
IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

New Zealand Football Performance & Prevention - Considerations for Female Athletes



New Zealand Football Performance & Prevention - Considerations for Female Athletes

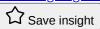
IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



Participation

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



Participation

Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation

How To Co-Design A Programme With Participants



Participation

Participation

How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme



Participation

Participation

Empowering Disengaged Girls Through A Participant-Centered Programme

By Briana irving - Aktive - Auckland Sport & Recreation

Aktive Women & Girls Facility Guide

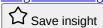


Women & Girls Facility Guide

Participation

Aktive Women & Girls Facility Guide

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"



Participation

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand
Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

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Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



Participation

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



Participation

Supporting Disabled Teenage Girls to be Active

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



Participation

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

<u>Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"</u>



Participation

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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