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# Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

Theme:  
Participation

 Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

[Rachel Howells](#)

Co-authored by Sport NZ, Sport Tasman, Sea Sisters

 Sport New Zealand

**This webinar explores how providers can create environments that are inclusive, sensitive and a safe space for girls.**

With Leslie Azzis, Holly and Niamh.

Feeling safe and comfortable leads young women to have more fun while taking part in an activity.

68% of young women avoid activities when they are not feeling confident about their body, and 55% feel judgment towards their body or physical appearance from others.

During this webinar, we hear from Sea Sisters and Kōhine Māia who have spent time working with young women and adapting to accommodate their thoughts, ideas, and beliefs to embed a safe, comfortable environment for participation.

Watch the full webinar below.



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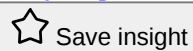
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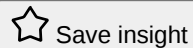


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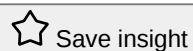
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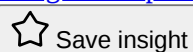
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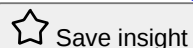
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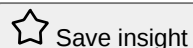


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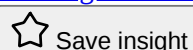


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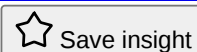
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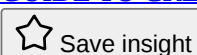
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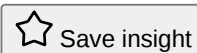


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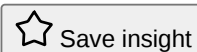


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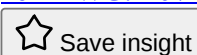
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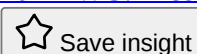
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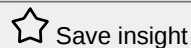
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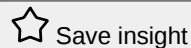
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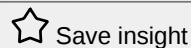


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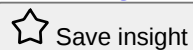
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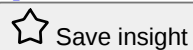


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**She Belongs: Building Social Connection for Lasting Participation in Sport**

By Canadian Women & Sport - Canadian Women & Sport

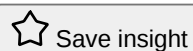
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**Sport for Sustainable Development: Designing Effective Policies and Programmes**

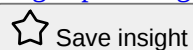
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**The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport**

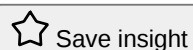
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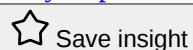
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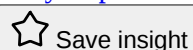
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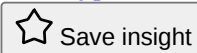
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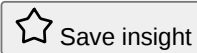
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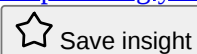
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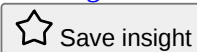


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### Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

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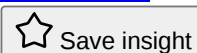


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### Creating safe environments for young women to be active their way

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[Kōhine māia](#)

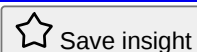


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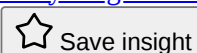


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### Yeah! Girls Move - Cricket not the way you know it

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By Rachel Howells - Sport New Zealand

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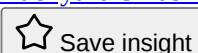


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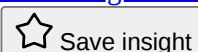
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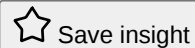
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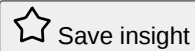
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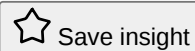
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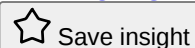
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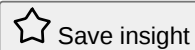
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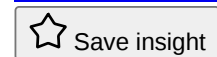
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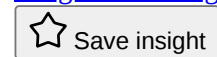


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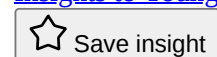


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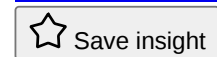


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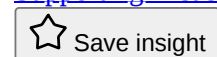
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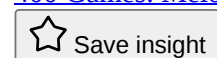
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Participation

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Participation

## 400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL






By Amy McClintock - Basketball New Zealand

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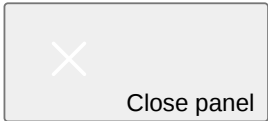
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