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# IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Theme: Participation

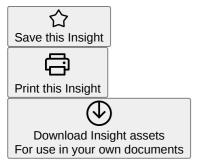
JIWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-authored by Christine Young



<u>Play video</u>

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



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Participation

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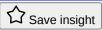
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2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

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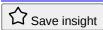
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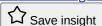
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2022 IWG: Erin Hatton - Driving transformational change

**Understanding Period Poverty Infographic** 



Participation

**Understanding Period Poverty Infographic** 



#### Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti
Netball Resources for Clubs and School Administrators



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#### **Netball Resources for Clubs and School Administrators**

By Jenna Murie - Netball New Zealand
Girls Smash Modified Girls Only Cricket Programme



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#### **Girls Smash Modified Girls Only Cricket Programme**

By Jess Davidson - New Zealand Cricket

Innovative approaches to encouraging women's participation in Golf

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# Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



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#### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand Sport as a Social Development Tool





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#### **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



#### **Netball Player Development Programme**

By Alysha Jensen - Netball New Zealand
Why Aussie women's sport needs to talk about fertility



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#### Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport



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#### **She Belongs: Building Social Connection for Lasting Participation in Sport**

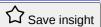
By Canadian Women & Sport - Canadian Women & Sport <u>Sport for Sustainable Development: Designing Effective Policies and Programmes</u>



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## **Sport for Sustainable Development: Designing Effective Policies and Programmes**

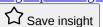
The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



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#### The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

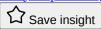
Huge uptick in girls and women playing football in New Zealand



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#### Huge uptick in girls and women playing football in New Zealand

Rally Report Insights: Body Confidence



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**Rally Report Insights: Body Confidence** 

Rally Report Insights: Mental Health



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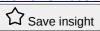
What type of uniforms do women want to wear when they referee or umpire sport?



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#### What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel: Start of a love story



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#### Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago

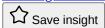


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# Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



Participation

# Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

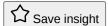
Kōhine māia



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#### Kōhine māia

By Rachel Howells - Sport New Zealand Yeah! Girls Move - Cricket not the way you know it



Yeah! Girls Move

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## Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand For young women, by young women - WORD girls-only programme Save insight

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#### For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand Not just for the "sporty", the Not-So-Sports-Club



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#### Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



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#### Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu **Backyard Smash & Sista Smash** 



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# **Backyard Smash & Sista Smash**

By Roxanna Holdworth - This is ME Removing Period Poverty As a Barrier to Participation



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# **Removing Period Poverty As a Barrier to Participation**

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



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## Te Awamutu AFC starts 2024 off strong with growing demand

Pacific Women's Leadership Programme Impact - Sela Vaenuku



#### Pacific Women's Leadership Programme Impact - Sela Vaenuku

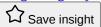
IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective



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#### IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective

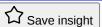
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes



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#### "Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

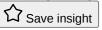
Nutrition For Female Athletes



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#### **Nutrition For Female Athletes**

Coaching through a Gender Lens Infographic



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#### Coaching through a Gender Lens Infographic

Angel City Equity House Podcast: Myth Busters presented by Gatorade



Participation

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2022 IWG: Emily Davidson - She Loves Golf Presentation



Participation

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Hikurangi Golf Club president Felice Croft encouraging more women into the sport



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Running and periods: The myths about exercise and your menstrual cycle, debunked

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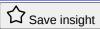
<u>Updated Pregnancy guidance from UK Sport</u>

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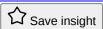
IWG: Daenin Roth - Grassroots Role Models Inspiring Change



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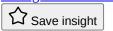
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



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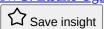
Young Women Profile - September 2021



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#### Young Women Profile - September 2021

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



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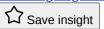
#### IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

New Zealand Football Performance & Prevention - Considerations for Female Athletes



#### **New Zealand Football Performance & Prevention - Considerations for Female Athletes**

Co-Designing Effective Programmes for Young Girls: Insights and Principles



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#### **Co-Designing Effective Programmes for Young Girls: Insights and Principles**

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

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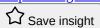
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#### **How To Co-Design A Programme With Participants**

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme



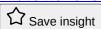
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# **Empowering Disengaged Girls Through A Participant-Centered Programme**

By Briana irving - Aktive - Auckland Sport & Recreation

Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

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#### **Aktive Women & Girls Facility Guide**

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"



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#### Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

<u>Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"</u>



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# Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



# IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



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#### 400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

<u>Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"</u>



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# Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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