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## IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective

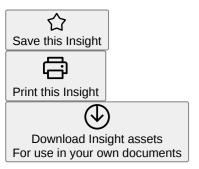
Theme: Participation

WG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective

Co-authored by Claire Badenhorst - Massey University



IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective



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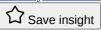
Good Practice Guide - Increasing participation of Muslim women and girls



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## Good Practice Guide - Increasing participation of Muslim women and girls

**Healthy Women in Performance Sport** 



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## **Healthy Women in Performance Sport**

Making sport inclusive: Free period products in clubs - report



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## Making sport inclusive: Free period products in clubs - report

By Emma Evans - Sport New Zealand

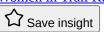
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## **Rally Report 2024**

By Canadian Women & Sport - Canadian Women & Sport Women in Trail Running - Aotearoa 2015-24



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## Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week

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## New legislation for gender identity and sex characteristics in Queensland sport

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## Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

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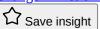
Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



Participation

## Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt



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## Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

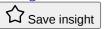
Change in Action Week - Innovative Impact FINALIST - Wāhine Toa



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## Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

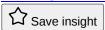
Change in Action Week - Rangatahi Winner - Carmel College



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## Change in Action Week - Rangatahi Winner - Carmel College

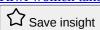
ADIDAS BREAKING BARRIERS RESEARCH



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## ADIDAS BREAKING BARRIERS RESEARCH

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



## Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



Participation

### GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning



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## A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

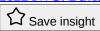
2022 IWG: Christine Young - Integrity in HP Youth Sport



Participation

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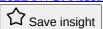
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



Participation

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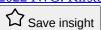
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



Participation

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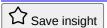
2022 IWG: Kirsten Spencer - Sport as a social development tool



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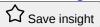
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2022 IWG: Erin Hatton - Driving transformational change



## 2022 IWG: Erin Hatton - Driving transformational change

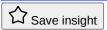
<u>Understanding Period Poverty Infographic</u>



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## **Understanding Period Poverty Infographic**

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



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## Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



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## **Netball Resources for Clubs and School Administrators**

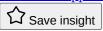
By Jenna Murie - Netball New Zealand
<u>Girls Smash Modified Girls Only Cricket Programme</u>



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## Girls Smash Modified Girls Only Cricket Programme

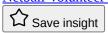
By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



Participation

## Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



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## **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand

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Mind. Set. Engage. Rugby's mental wellbeing programme.
Sport as a Social Development Tool
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Sport as a Social Development Tool
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By Alysha Jensen - Netball New Zealand  COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING  Save insight
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COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING
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Why Aussie women's sport needs to talk about fertility
She Belongs: Building Social Connection for Lasting Participation in Sport
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She Belongs: Building Social Connection for Lasting Participation in Sport

By Canadian Women & Sport - Canadian Women & Sport <u>Sport for Sustainable Development: Designing Effective Policies and Programmes</u>

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## Sport for Sustainable Development: Designing Effective Policies and Programmes The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport Save insight Participation The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport Huge uptick in girls and women playing football in New Zealand Save insight Participation Huge uptick in girls and women playing football in New Zealand Resources on Male Allyship Save insight Participation **Resources on Male Allyship** Rally Report Insights: Body Confidence Save insight Participation **Rally Report Insights: Body Confidence** Rally Report Insights: Mental Health Save insight Participation **Rally Report Insights: Mental Health** What type of uniforms do women want to wear when they referee or umpire sport? Save insight Participation What type of uniforms do women want to wear when they referee or umpire sport?

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Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago

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## Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand <u>Creating safe environments for young women to be active their way</u>



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## Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



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### Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it



Yeah! Girls Move

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## Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



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## For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

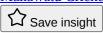
Not just for the "sporty", the Not-So-Sports-Club



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## Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



## Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu

Backyard Smash & Sista Smash



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By Roxanna Holdworth - This is ME

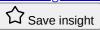
The female-friendliness of New Zealand's tennis clubs



Participation

## The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



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## **Removing Period Poverty As a Barrier to Participation**

By Roxanna Holdworth - This is ME

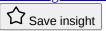
Te Awamutu AFC starts 2024 off strong with growing demand



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## Te Awamutu AFC starts 2024 off strong with growing demand

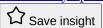
Five things to know about women and sport



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## Five things to know about women and sport

Has the Olympics become too sexualised? How sex and gender debates drove online discourse



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## Has the Olympics become too sexualised? How sex and gender debates drove online discourse

Pacific Women's Leadership Programme Impact - Sela Vaenuku



## Pacific Women's Leadership Programme Impact - Sela Vaenuku

"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes



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## "Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

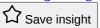
**Nutrition For Female Athletes** 



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## **Nutrition For Female Athletes**

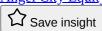
Coaching through a Gender Lens Infographic



Participation

## **Coaching through a Gender Lens Infographic**

Angel City Equity House Podcast: Myth Busters presented by Gatorade



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## Angel City Equity House Podcast: Myth Busters presented by Gatorade

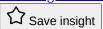
2022 IWG: Emily Davidson - She Loves Golf Presentation



Participation

## 2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport



Participation

## Hikurangi Golf Club president Felice Croft encouraging more women into the sport

Running and periods: The myths about exercise and your menstrual cycle, debunked

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Running and periods: The myths about exercise and your menstrual cycle, debunked
Updated Pregnancy guidance from UK Sport
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Updated Pregnancy guidance from UK Sport
IWG: Daenin Roth - Grassroots Role Models Inspiring Change
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IWG: Daenin Roth - Grassroots Role Models Inspiring Change
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel
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IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel
Young Women Profile - September 2021
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Young Women Profile - September 2021
IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls
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IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

New Zealand Football Performance & Prevention - Considerations for Female Athletes

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**New Zealand Football Performance & Prevention - Considerations for Female Athletes** 

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



## IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles

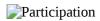


Participation

## Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation <u>How To Co-Design A Programme With Participants</u>





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## **How To Co-Design A Programme With Participants**

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme

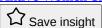


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Participation

## **Empowering Disengaged Girls Through A Participant-Centered Programme**

By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

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## **Aktive Women & Girls Facility Guide**

<u>Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"</u>

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## Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"



Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

<u>IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?</u>



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IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



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## **Supporting Disabled Teenage Girls to be Active**

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

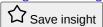


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400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



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Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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