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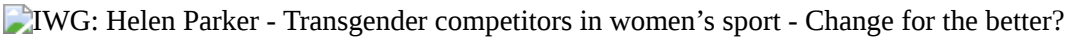

Co-authored by Helen Parker, Beth Hands & Elizabeth Rose

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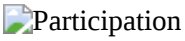

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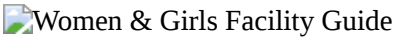

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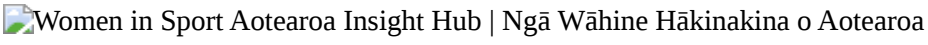

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