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Netball Player Development Programme

Theme: Participation

Netball Player Development Programme

Alysha Jensen
Netball New Zealand

In this case study, we hear from Netball New Zealand's implementation of the Player Development Programme and its impact on participants.

The programme was developed to: (1) provide more 11- and 12-year-old participants an opportunity to take part in skill development programmes (as opposed to the few who were historically selected into representative programmes run by netball centres); and (2) improve the quality of skill development programming provided to these participants. The case study ties together perspectives from Netball New Zealand, Netball Central and Netball Wellington Centre. As such this case study illustrates how competition structure changes aligned to Balance is Better were made across one sport's network (from national to local) and the impact of these changes.

What is the purpose of your project?

Replacing Year 7 & 8 representative programmes with skill development opportunities for more participants – lessons from the roll out of Netball New Zealand's Player Development Programme

What were the enablers that proved succesful?

- The Sport NZ Talent Plan
- Voice of the Participant Data
- ACC Injury Data
- Talent deselection & subsequent narrowing of the netball talent pool



Play video

Skill development for more participants - Lessons from Netball NZ's Player Development Programme

What impact did your project have?

- Estimated 700 extra participants received development opportunities
- High Participant Satisfaction
- Data collected indicated a decline in stakeholders feeding back to NNZ around improving player development programmes
- Majority of the Centres delivering Player Development Programmes

What were the outcomes for women?

- Education
- Resource Support
- Internal Alignment
- Planned Changes introduced at the NNZ AGM
- Network Support

Download Full Case Study

• Player Development Programme.pdf 540KB PDF

Player Development Plan (Part 2)

Player Development Plan (Part 1)

Player Development Plan (Part 2) Player Development Plan (Part 1) Save this Insight Print this Insight Download Insight assets For use in your own documents Was this Insight helpful? Share this Insight Facebook **Twitter Email** Copy this page's URL Save this Insight Print this Insight Download Insight assets \boxtimes **Email this Insight** X Close 'Download Insight Assets' modal igoplus Download Insight assets Netball Player Development Programme.pdf Player Development Plan (Part 1) 340KB PNG • Player Development Plan (Part 2) 180KB PNG netball4-1680x1000.jpeg 270KB JPEG

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Participation

Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week

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and girls in sports			
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Is Paris 2024 really achieving its goals for gender equality?

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Participation

Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football



Participation

Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

Change in Action Week - Innovative Impact FINALIST - Active Wāhine



Participation

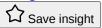
Change in Action Week - Innovative Impact FINALIST - Active Wāhine

<u>Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy</u>

Participation

Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt



Participation

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

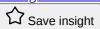
<u>Change in Action Week - Innovative Impact FINALIST - Wāhine Toa</u>



Participation

Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

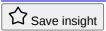
Change in Action Week - Rangatahi Winner - Carmel College



Participation

Change in Action Week - Rangatahi Winner - Carmel College

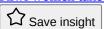
ADIDAS BREAKING BARRIERS RESEARCH



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ADIDAS BREAKING BARRIERS RESEARCH

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Participation

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand
A 2024 SURVEY FOR: Women in Trail and Ultrarunning

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Participation

A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

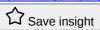
2022 IWG: Christine Young - Integrity in HP Youth Sport



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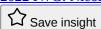
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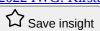
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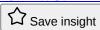
2022 IWG: Kirsten Spencer - Sport as a social development tool



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2022 IWG: Kirsten Spencer - Sport as a social development tool

2022 IWG: Erin Hatton - Driving transformational change



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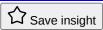
2022 IWG: Erin Hatton - Driving transformational change

Understanding Period Poverty Infographic



Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



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Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand
Girls Smash Modified Girls Only Cricket Programme



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Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>

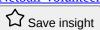


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Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME

Netball Volunteer Programme



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Netball Volunteer Programme

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.



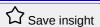
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Mind. Set. Engage. Rugby's mental wellbeing programme.



Sport as a Social Development Tool

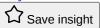
By Kirsten Spencer - Auckland University of Technology
COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



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COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

Why Aussie women's sport needs to talk about fertility



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Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport



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She Belongs: Building Social Connection for Lasting Participation in Sport

By Canadian Women & Sport - Canadian Women & Sport <u>Sport for Sustainable Development: Designing Effective Policies and Programmes</u>



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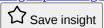
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Yeah! Girls Move - Cricket not the way you know it





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Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

<u>For young women, by young women - WORD girls-only programme</u>



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For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand
Not just for the "sporty", the Not-So-Sports-Club

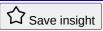
Not just for the "sporty", the Not-So-Sports-Club



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Not just for the "sporty", the Not-So-Sports-Club

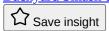
By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



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Manawatū Cricket Association case study

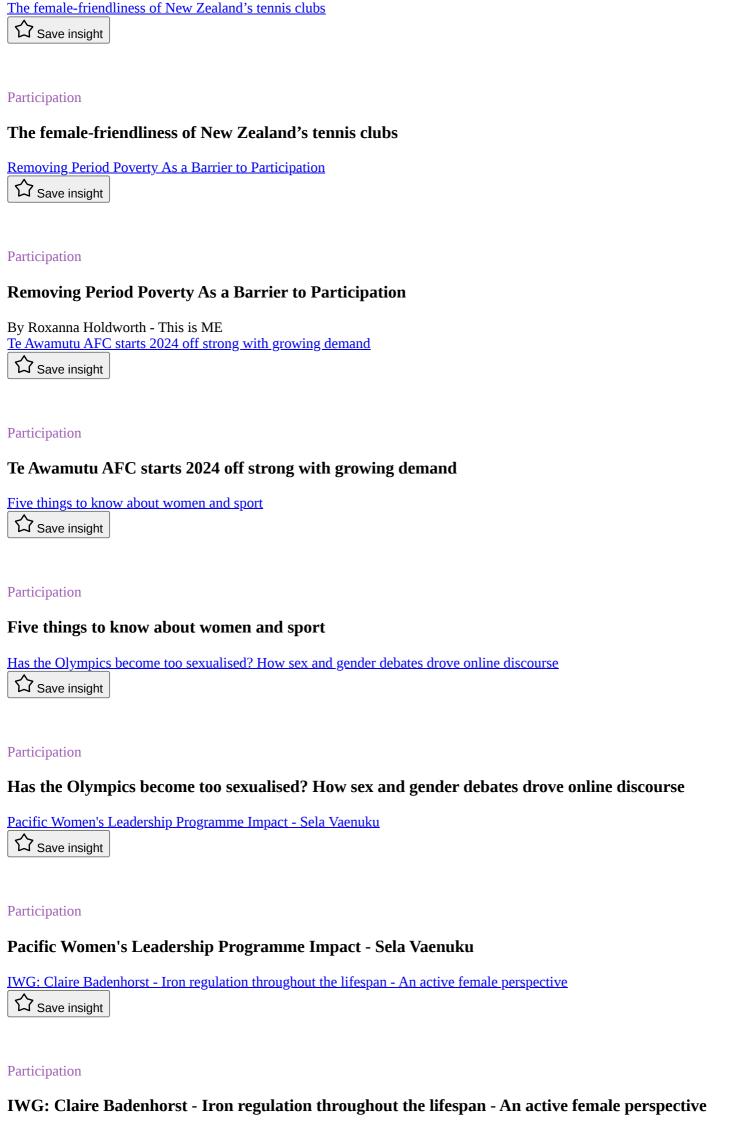
By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash

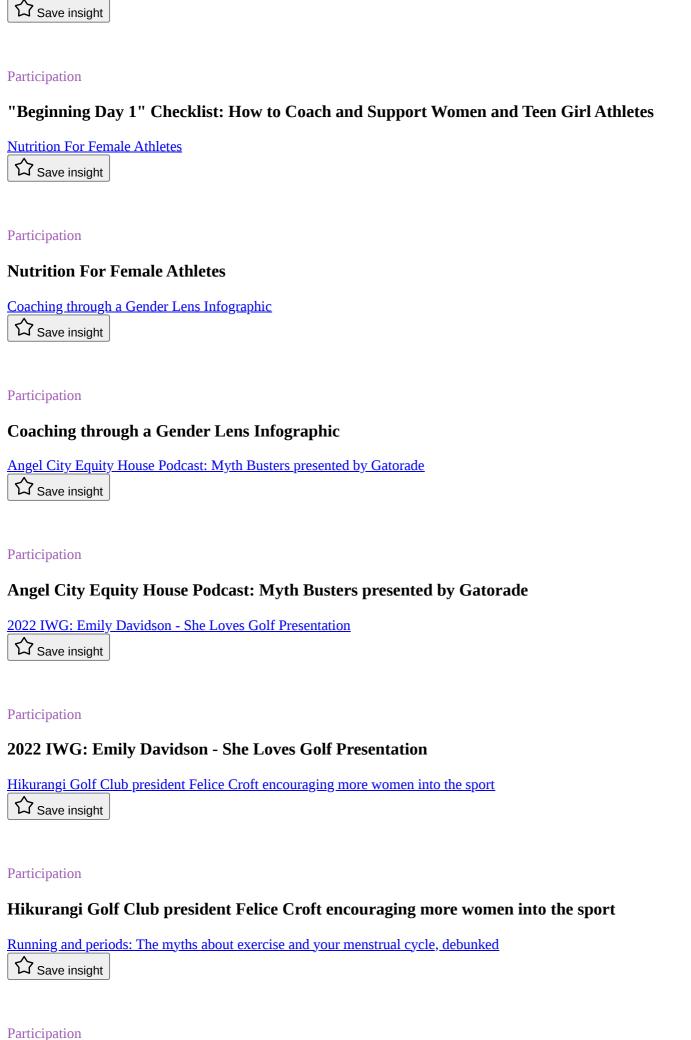


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Backyard Smash & Sista Smash

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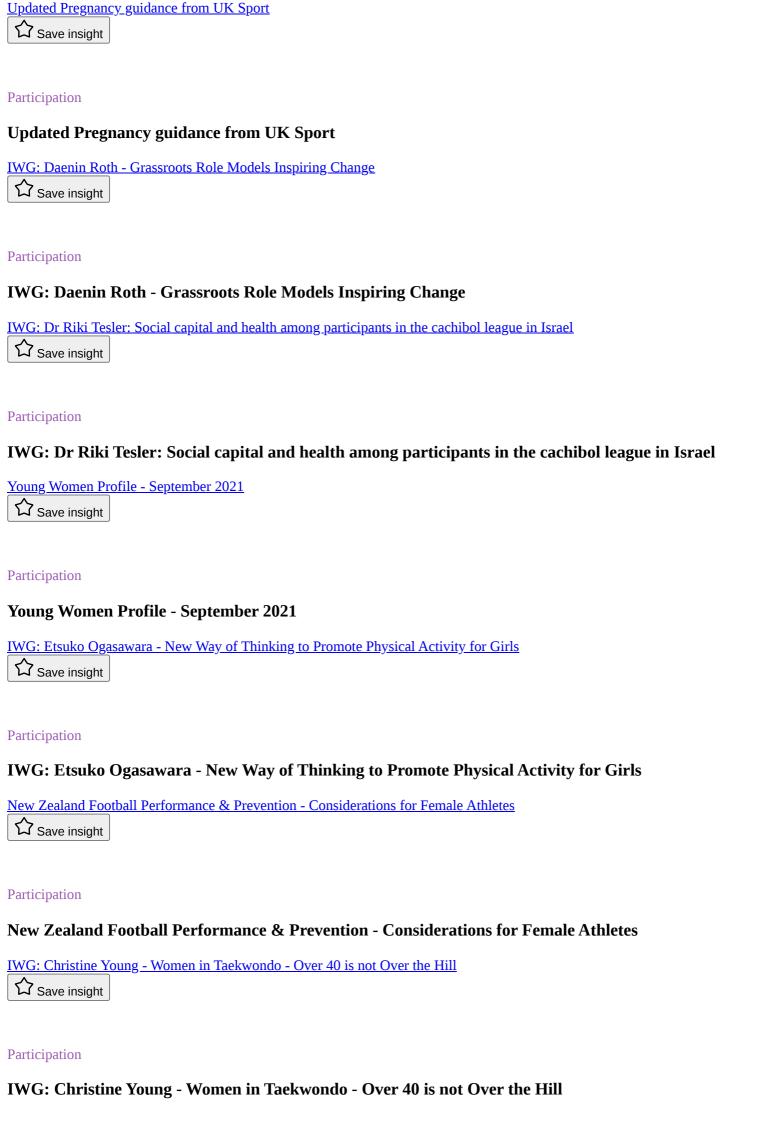




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By Rachel Howells - Sport New Zealand

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IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



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Supporting Disabled Teenage Girls to be Active

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



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400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



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Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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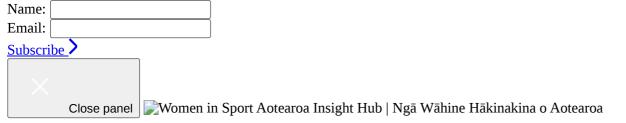


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