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#### Progressing gender equity in senior leadership: a systematic literature review

Theme: Leadership

Progressing gender equity in senior leadership: a systematic literature review

Co-authored by Michelle Gander Department of Sociology, Flinders University, Adelaide, Australia, and Fleur Sharafizad School of Business and Law, Edith Cowan University, Joondalup, Australia

#### **Abstract**

Purpose – This study aim to review and compile the latest research in women's leadership internationally and across multiple sectors and industries to understand how to fast-track gender equality. As an outcome of this review, this paper presents an actionable universal framework for organisations to use to bolster their gender equity efforts.

Design/methodology/approach – A systematic literature review methodology resulted in 36 articles dedicated to research on women in senior leadership interventions across countries and organisational types.

Thematic analysis identified a series of enablers and barriers that influence women's progression into senior roles.

Findings – Research since 2020 has shown a significant shift from an individualised approach to improving women's advancement to senior leadership roles, to a systematic one, acknowledging that there are entrenched behaviours resulting in a lack of equity.

Research limitations/implications — Systematic literature reviews, although reducing bias, must still be acknowledged to have inherent bias due to the inclusion and exclusion criteria used. There is a need for future research to provide more theoretical underpinnings to advance knowledge and for implementation and review of the proposed EQUAL framework developed from this study.

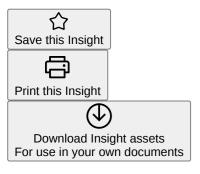
Originality/value – The authors highlight the continuing issues at play in organisations that act as barriers to women's progress into senior leadership. This paper suggest that organisations may need to consider ways to move past a "business case" approach towards gender equity becoming embedded at all levels. Their proposed EQUAL framework provides a practical set of evidence-based activities to enhance this approach.

Keywords Gender equity, Leadership, Systematic literature review

Paper type Literature review

#### **Downloads & Resource Files**

Gander & Sharafizad (2025).pdf 380KB PDF



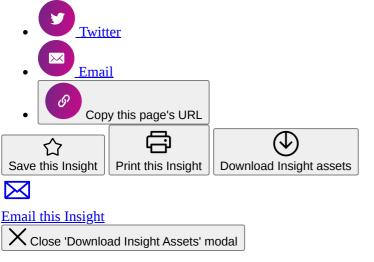
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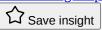
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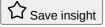
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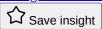
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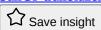
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King and Kloss: More to be conquered What drives Billie Jean King and Ilana Kloss	to power forward
with decades-long support of women's sports	

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Young Pacific Leaders Women's Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport

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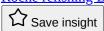
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#### Roche relishing Boccia to Wheelchair rugby switch

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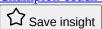
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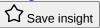
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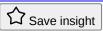
Young Pacific Leaders Women's Sports Programme



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#### Young Pacific Leaders Women's Sports Programme

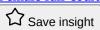
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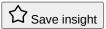
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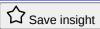
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#### **Gender Equity in Coaching Webinar**

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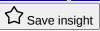


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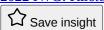
One woman, two chairs at top of NZ sport



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#### One woman, two chairs at top of NZ sport

2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership



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<u>Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes</u>

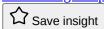


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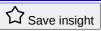
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#### **IWG 2022 Progress Report**

By Robyn Cockburn - LUMIN Women & Girls Action Plan



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#### **Women & Girls Action Plan**

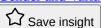
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By Heather Dawson - New Zealand Rugby Gender and Variation of Experience



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#### **Gender and Variation of Experience**

By Kirsten Spencer - Auckland University of Technology New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course



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New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course

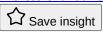
By Amy McClintock - Basketball New Zealand
<u>Most kids are only coached by men in junior sport – women need to be part of the picture, too</u>
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#### Charmaine Smith cherishing opportunity to play international rugby

Professional athletes share the struggle of motherhood and their careers

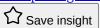
Charmaine Smith cherishing opportunity to play international rugby



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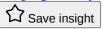
Te Hāpaitanga's role in advancing women in high performance coaching



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#### Te Hāpaitanga's role in advancing women in high performance coaching

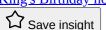
Keeping our Olympians cool, calm and bug-free



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#### Keeping our Olympians cool, calm and bug-free

King's Birthday honours



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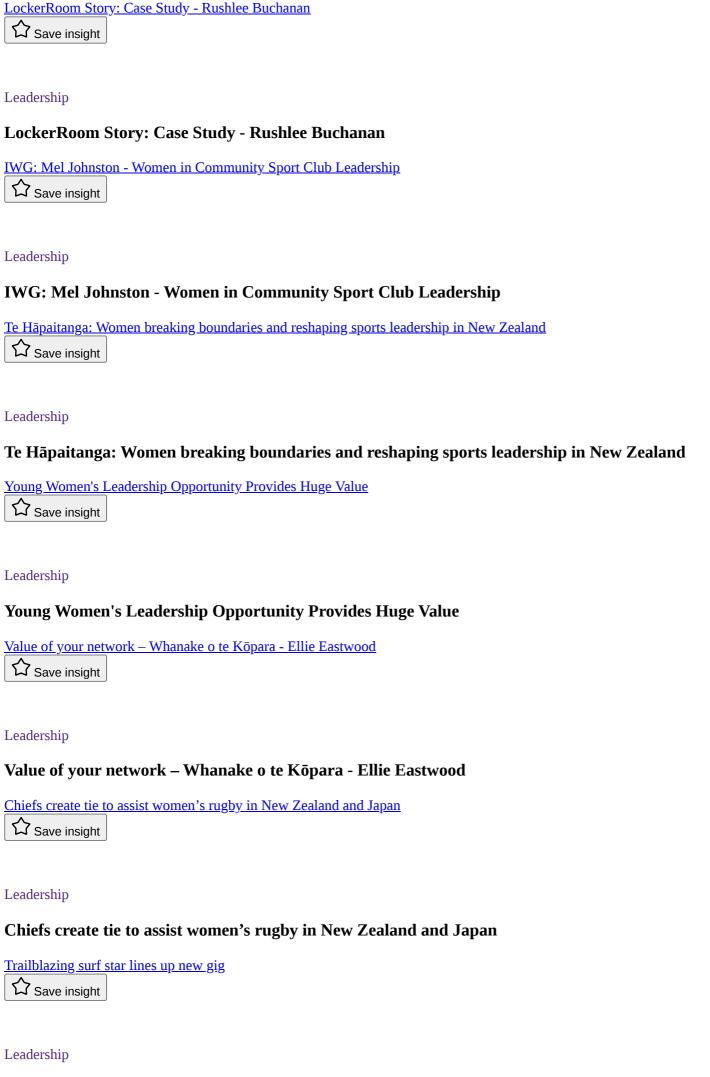
#### King's Birthday honours

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#### Case Study - Annalie Longo - LockerRoom



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#### Women, Sport & Governance

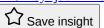
Ann Downey: Great female coaches are there, they just need to be asked



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Ann Downey: Great female coaches are there, they just need to be asked

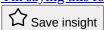
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'I'm saying this for the first time': AB's manager's road to the top

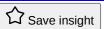
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Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager

Lisa O'Keefe: Uniting women's sport across the world (Podcast)



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Lisa O'Keefe: Uniting women's sport across the world (Podcast)

Sports Management Training Programme empowering women in Africa



Celebrating Champions of Change: Helene Wilson



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**Celebrating Champions of Change: Helene Wilson** 

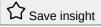
How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?



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How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?

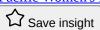
<u>Celebrating Champions of Change: Rebecca Rolls</u>



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**Celebrating Champions of Change: Rebecca Rolls** 

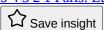
Pacific Women's Leadership impact: Pualele Craig



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Pacific Women's Leadership impact: Pualele Craig

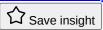
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5 4 3 2 1 Paris: Luuka Jones

Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei



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Launch of Basketball New Zealand Emerging Leaders Programme!



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#### Launch of Basketball New Zealand Emerging Leaders Programme!

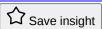
Wonder Women: Women Who Lead initiative launched



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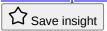
IWG: Michelle DeHighden - Developing our NextGEN Female Coaches



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#### IWG: Michelle DeHighden - Developing our NextGEN Female Coaches

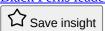
Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion



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#### Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion

Black Ferns leader's momentous rugby deal



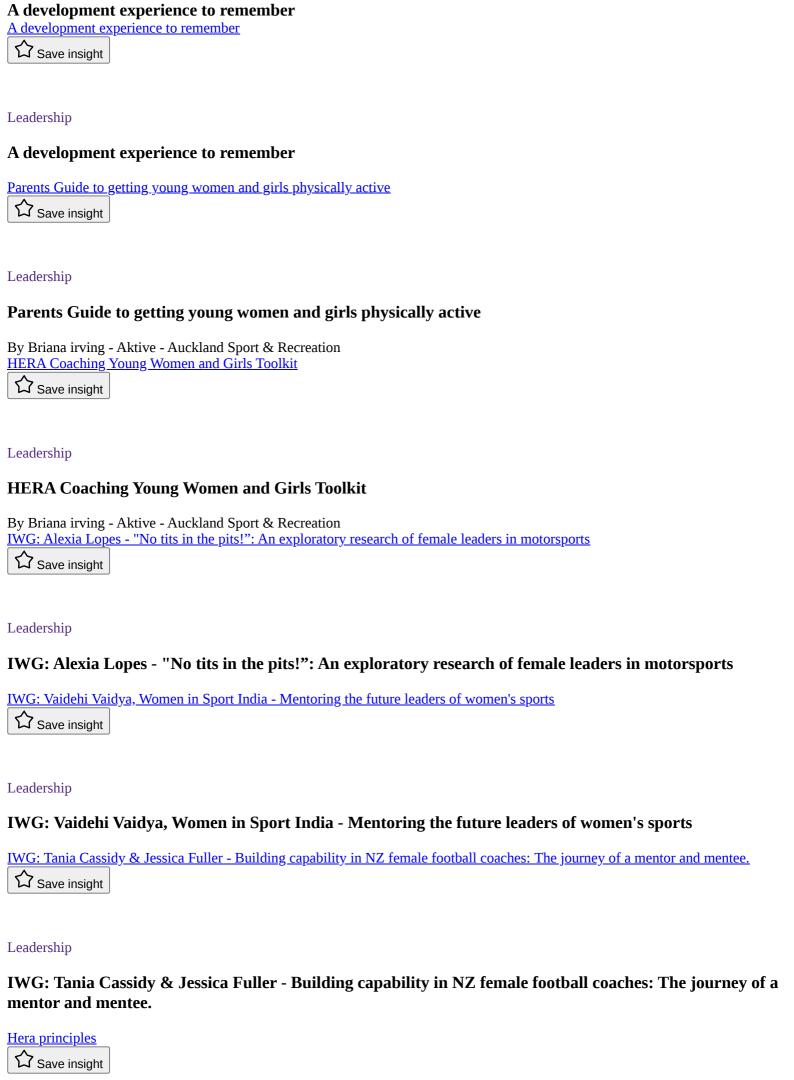
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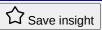
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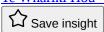
IWG: Akane Mikura - JBA progress of developing women coach



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Te Whāriki Hou- Te Mana o te Wahine



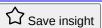
Te Whāriki Hou

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#### Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand

IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture



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## IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture

Cycling great dodges potholes in life after sport



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#### Cycling great dodges potholes in life after sport

Fern juggles player and coach roles



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Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!



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Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report



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#### Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

By Rachel Howells - Sport New Zealand

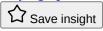
Improving Women's Experiences of Mentorship in Canadian Coaching



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#### Improving Women's Experiences of Mentorship in Canadian Coaching

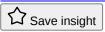
Playing Sports May Be The Secret To Women's Career Success



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#### Playing Sports May Be The Secret To Women's Career Success

Nuku Ora W&G Week Collaboration Session

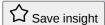


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#### Nuku Ora W&G Week Collaboration Session

By Lily Joiner - Nuku Ora

Whanake o te Kopara - Impacting young wahine



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#### Whanake o te Kōpara - Impacting young wāhine

By Merran Brockie-David - Women in Sport Aotearoa

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