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Rally Report 2024

Theme: Participation

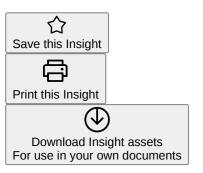
Rally Report 2024

Canadian Women & Sport

Canadian Women & Sport

Understanding girls' experiences is the first step in transforming the sport and physical activity system in Canada so that all girls can play. Rally Report 2024, developed in partnership with Canadian Tire Jumpstart Charities and global insight consultancy IMI Consulting, aims to champion girls' voices, and support and inspire sport leaders with fresh insights into how they can reimagine sport and create more equitable, inclusive environments.

Access the report here.



Was this Insight helpful?



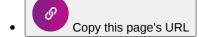


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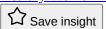
Good Practice Guide - Increasing participation of Muslim women and girls



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Good Practice Guide - Increasing participation of Muslim women and girls

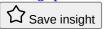
Healthy Women in Performance Sport



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Healthy Women in Performance Sport

Making sport inclusive: Free period products in clubs - report



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Making sport inclusive: Free period products in clubs - report

By Emma Evans - Sport New Zealand

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Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week
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<u>Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football</u>

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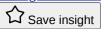
Change in Action Week - Innovative Impact FINALIST - Active Wāhine

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Change in Action Week - Innovative Impact FINALIST - Active Wāhine

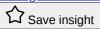
<u>Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy</u>



Participation

Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

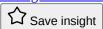
Change in Action Week - Rangatahi FINALIST - Sylvia Brunt



Participation

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

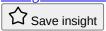
Change in Action Week - Innovative Impact FINALIST - Wāhine Toa



Participation

Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

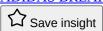
Change in Action Week - Rangatahi Winner - Carmel College



Participation

Change in Action Week - Rangatahi Winner - Carmel College

ADIDAS BREAKING BARRIERS RESEARCH



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ADIDAS BREAKING BARRIERS RESEARCH

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN Save insight

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GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

<u>A 2024 SURVEY FOR: Women in Trail and Ultrarunning</u>

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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

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2022 IWG: Christine Young - Integrity in HP Youth Sport

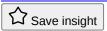
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



Participation

2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport



Participation

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

2022 IWG: Kirsten Spencer - Sport as a social development tool



Participation

2022 IWG: Kirsten Spencer - Sport as a social development tool

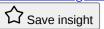
2022 IWG: Erin Hatton - Driving transformational change



Participation

2022 IWG: Erin Hatton - Driving transformational change

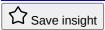
Understanding Period Poverty Infographic



Participation

Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

Well Wāhine Week Case Study

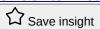
By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



Participation

Netball Resources for Clubs and School Administrators

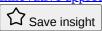
By Jenna Murie - Netball New Zealand
Girls Smash Modified Girls Only Cricket Programme



Participation

Girls Smash Modified Girls Only Cricket Programme

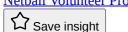
By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



Participation

Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



Participation

Netball Volunteer Programme

By Jenna Murie - Netball New Zealand

Mind. Set. Engage. Rugby's mental wellbeing programme.



Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool



Participation

Participation

Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme

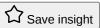


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Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

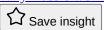
COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



Participation

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

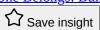
Why Aussie women's sport needs to talk about fertility



Participation

Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport



Participation

She Belongs: Building Social Connection for Lasting Participation in Sport

By Canadian Women & Sport - Canadian Women & Sport Sport for Sustainable Development: Designing Effective Policies and Programmes



Participation

Sport for Sustainable Development: Designing Effective Policies and Programmes

The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

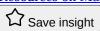
Huge uptick in girls and women playing football in New Zealand

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Huge uptick in girls and women playing football in New Zealand

Resources on Male Allyship



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Resources on Male Allyship

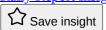
Rally Report Insights: Body Confidence



Participation

Rally Report Insights: Body Confidence

Rally Report Insights: Mental Health



Participation

Rally Report Insights: Mental Health

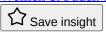
What type of uniforms do women want to wear when they referee or umpire sport?



Participation

What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel: Start of a love story



Participation

Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way

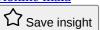


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Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

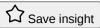
Kōhine māia



Participation

Kōhine māia

By Rachel Howells - Sport New Zealand Yeah! Girls Move - Cricket not the way you know it



Yeah! Girls Move

Participation

Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

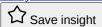
For young women, by young women - WORD girls-only programme



Participation

For young women, by young women - WORD girls-only programme

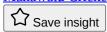
By Rachel Howells - Sport New Zealand Not just for the "sporty", the Not-So-Sports-Club



Participation

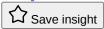
Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



Participation

Backyard Smash & Sista Smash

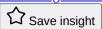
By Roxanna Holdworth - This is ME <u>The female-friendliness of New Zealand's tennis clubs</u>



Participation

The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



Participation

Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

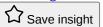
Te Awamutu AFC starts 2024 off strong with growing demand



Participation

Te Awamutu AFC starts 2024 off strong with growing demand

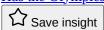
Five things to know about women and sport



Participation

Five things to know about women and sport

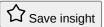
Has the Olympics become too sexualised? How sex and gender debates drove online discourse



Participation

Has the Olympics become too sexualised? How sex and gender debates drove online discourse

Pacific Women's Leadership Programme Impact - Sela Vaenuku



Pacific Women's Leadership Programme Impact - Sela Vaenuku

IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective

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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective

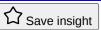
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

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Participation

"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

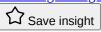
Nutrition For Female Athletes



Participation

Nutrition For Female Athletes

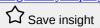
Coaching through a Gender Lens Infographic



Participation

Coaching through a Gender Lens Infographic

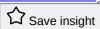
Angel City Equity House Podcast: Myth Busters presented by Gatorade



Participation

Angel City Equity House Podcast: Myth Busters presented by Gatorade

2022 IWG: Emily Davidson - She Loves Golf Presentation



Participation

2022 IWG: Emily Davidson - She Loves Golf Presentation

<u>Hikurangi Golf Club president Felice Croft encouraging more women into the sport</u>



Hikurangi Golf Club president Felice Croft encouraging more women into the sport

Running and periods: The myths about exercise and your menstrual cycle, debunked

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Participation

Running and periods: The myths about exercise and your menstrual cycle, debunked

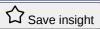
<u>Updated Pregnancy guidance from UK Sport</u>



Participation

Updated Pregnancy guidance from UK Sport

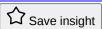
IWG: Daenin Roth - Grassroots Role Models Inspiring Change



Participation

IWG: Daenin Roth - Grassroots Role Models Inspiring Change

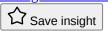
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



Participation

IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel

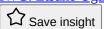
Young Women Profile - September 2021



Participation

Young Women Profile - September 2021

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



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IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

New Zealand Football Performance & Prevention - Considerations for Female Athletes



New Zealand Football Performance & Prevention - Considerations for Female Athletes IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



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IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

<u>Co-Designing Effective Programmes for Young Girls: Insights and Principles</u>

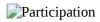


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Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants





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How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation <u>Empowering Disengaged Girls Through A Participant-Centered Programme</u>

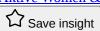


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Empowering Disengaged Girls Through A Participant-Centered Programme

By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide

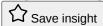


Women & Girls Facility Guide

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Aktive Women & Girls Facility Guide

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"



Participation

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

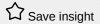
Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"



Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

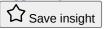
IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



Participation

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

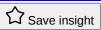
Supporting Disabled Teenage Girls to be Active



Participation

Supporting Disabled Teenage Girls to be Active

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



Participation

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



Participation

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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