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Rally Report Insights: Body Confidence Designing Sport with Girls in Mind

Theme:
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Co-authored by Canadian Women & Sport


During adolescence, body changes and menstruation, combined with social and cultural pressures, can contribute to low body confidence in girls. As a result, many girls are pushed out of sport. Designing sport environments that take girls’ body confidence into consideration is one way we can build better, safer sport for all. The Rally Report 2022, by Canadian Women & Sport.

Rally Report Insights: Body Confidence

- [Rally-Report-Insights-Body-Confidence-Final-1.pdf 440KB PDF](#)


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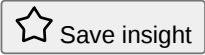
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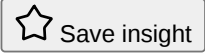
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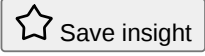


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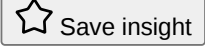


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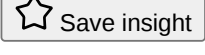


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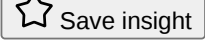


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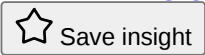
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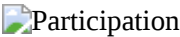
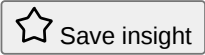
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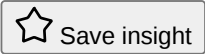
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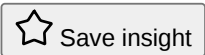
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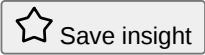
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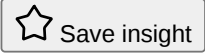
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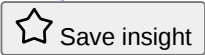
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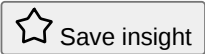


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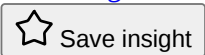
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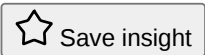


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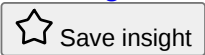
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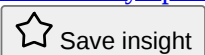
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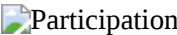
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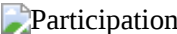


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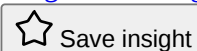
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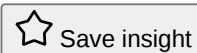


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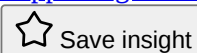
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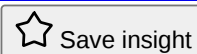
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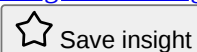


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