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ReSport partners with Sport Northland for the Positive Puberty Participation Initiative

Theme: Youth

ReSport partners with Sport Northland for the Positive Puberty Participation Initiative

Co-authored by Yolisa Tswanya, Deputy news director, Northern Advocate

With the aim of empowering Northland youth, <u>ReSport</u> has partnered with Sport Northland for the Positive Puberty Participation Initiative.

This collaboration aims to empower<u>Northland's</u> youth by promoting confidence, comfort, and active participation during their adolescent years.

Recognising the unique challenges faced by young people during puberty, Sport Northland and <u>ReSport are committed</u> to ensuring that every young person has access to appropriate sportswear while reiterating the availability of period products in schools.

The ReSport Charitable Trust collects new and gently used sports gear and equipment to share with people in need throughout Northland, while also reducing the environmental impact of textile waste.

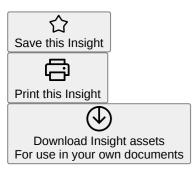
Earlier this year ReSport celebrated its first birthday and in its first year <u>collected 3950 units of sports gear</u> and distributed 1794 units across Northland.

As part of its latest initiative, the campaign has been collecting new and used sports bras and active wear, to help support adolescents in Northland to participate in sports and recreational activities with confidence and enthusiasm.

ReSport said the campaign has three main objectives; the empower the youth, reduce barriers and to grow community support.

A ReSport spokesperson said, "We are thrilled to join forces with Sport Northland for this important initiative. Supporting our youth through such a critical stage in their lives by providing them with the necessary sportswear is a step towards fostering a more inclusive and active community.

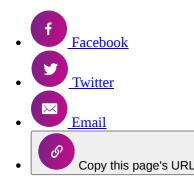
Read the full article here.



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