Skip to content Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Open search panel Search Search the Insight Hub... Cancel

- <u>Insights</u> <u>Rangahau</u>
- Events Hui
- <u>Partnerships</u> <u>Rangapū</u>
- <u>Impact</u><u>Whakaaweawe</u>
- About Mō Mātou
 - Overview
 - <u>History</u>
 - Support
- ☆<u>0</u> Saved



- Sign in
- Submit





SailGP trailblazers to rising Kiwi stars - 'Don't let failure hold you back!'

Theme: Leadership

SailGP trailblazers to rising Kiwi stars - 'Don't let failure hold you back!'

Co-authored by Yachting NZ

Success is impossible without failure – even for the world's most decorated sailors.

This was the message from Brazilian trailblazer Martine Grael to dozens of young female sailors at the Breaking Boundaries forum, held at the Royal Akarana Yacht Club ahead of this weekend's Auckland debut of the ITM New Zealand Sail Grand Prix.

Co-hosted by SailGP and Yachting New Zealand, the event celebrates women in sailing, showcasing progress made across the sport and highlighting the achievements of female athletes.

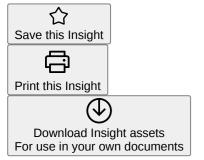
Grael, a former 49erFX world champion, double Olympic gold medallist, and round-the-world sailor, recently became the first female driver in SailGP history.

At the forum, she was joined by New Zealand SailGP veteran Liv Mackay and Denmark team strategist Katja Salskov-Iversen, with Kiwi winter Olympian Anna Willcox hosting the event.

"Many may not realise how many times we failed before we succeeded. In 2017, I did an Olympic campaign and fell just short of qualifying. It was devastating, but it made me determined never to be in that position again. That failure eventually led to success," Grael said.

"Even earlier, I failed at many things. I was terrible at sailing an Optimist. In my first regatta, I was so far behind that they removed the mark before I could finish the course!"

Read more here.



Was this Insight helpful?



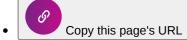


Share this Insight











① Download Insight assets

X Close 'Download Insight Assets' modal

- SailGP trailblazers to rising Kiwi stars 'Don't let failure hold you back!'.pdf
- aqafrasevfebgtfd.jpg 60KB JPG

Was this Insight useful?





Similar Insights (132)

Celebrating the Success of the Young Pacific Leaders Women's Sports Programme 2025



Leadership

Celebrating the Success of the Young Pacific Leaders Women's Sports Programme 2025

By Merran Brockie-David - Women in Sport Aotearoa

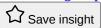
<u>Progressing gender equity in senior leadership: a systematic literature review</u>



Leadership

Progressing gender equity in senior leadership: a systematic literature review

<u>How rowing shapes resilient leaders</u>



Leadership

How rowing shapes resilient leaders

Pacific Women's Sports Leadership Programme Expands: On-Island Workshops Coming to Fiji & Tonga



Leadership

Pacific Women's Sports Leadership Programme Expands: On-Island Workshops Coming to Fiji & Tonga

Save insight
Leadership
Young Pacific Leaders Women's Sports Programme - Week One Video
By Merran Brockie-David - Women in Sport Aotearoa Sport Horizon UK's Annual Training Plan – Free Download
Save insight
Leadership
Sport Horizon UK's Annual Training Plan – Free Download
Fresh off the Field podcast featuring WISPA CEO Nicky van den Bos
Save insight
Leadership
Fresh off the Field podcast featuring WISPA CEO Nicky van den Bos
Young Pacific Leaders Sports Programme Off to a Strong Start in Aotearoa, New Zealand
Save insight
Leadership
Young Pacific Leaders Sports Programme Off to a Strong Start in Aotearoa, New Zealand
By Merran Brockie-David - Women in Sport Aotearoa From Aotearoa to the Pacific: 11 New Zealand Sports Organisations Back 2025 YPL Sports Programme to Shape Future Leaders
Save insight
Leadership
From Aotearoa to the Pacific: 11 New Zealand Sports Organisations Back 2025 YPL Sports Programme to
Shape Future Leaders
By Merran Brockie-David - Women in Sport Aotearoa King and Kloss: More to be conquered What drives Billie Jean King and Ilana Kloss to power forward with decades-long support of
women's sports
Save insight

King and Kloss: More to be conquered What drives Billie Jean King and Ilana Kloss to power forward with decades-long support of women's sports

<u>Pipeline Project - 2024 Employment Overview - NCAA Football Bowl Subdivisions</u>



Pipeline Project - 2024 Employment Overview - NCAA Football Bowl Subdivisions

Young Pacific Leaders Women's Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport

sight

Leadership

Young Pacific Leaders Women's Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport

By Merran Brockie-David - Women in Sport Aotearoa Marguerite delighted to receive New Year Honour



Leadership

Marguerite delighted to receive New Year Honour

By Steve Landells - Paralympics New Zealand Roche relishing Boccia to Wheelchair rugby switch



Leadership

Roche relishing Boccia to Wheelchair rugby switch

By Steve Landells - Paralympics New Zealand

U.S. Soccer announces landmark \$30 million donation for women's programme



Leadership

U.S. Soccer announces landmark \$30 million donation for women's programme

Champion coach's surprise pivot to the men

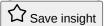


Leadership

Champion coach's surprise pivot to the men

By Suzanne McFadden - LockerRoom

Sports Mentoring delegate hopes to bring lessons from NHL to home in New Zealand



Leadership

Sports Mentoring delegate hopes to bring lessons from NHL to home in New Zealand

Young Pacific Leaders Women's Sport Programme to empower emerging female leaders in the Pacific Islands

|--|

Young Pacific Leaders Women's Sport Programme to empower emerging female leaders in the Pacific Islands

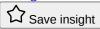
By Merran Brockie-David - Women in Sport Aotearoa Rise and Thrive: Empowering female coaches



Leadership

Rise and Thrive: Empowering female coaches

Young Pacific Leaders Women's Sports Programme



Leadership

Young Pacific Leaders Women's Sports Programme

By Merran Brockie-David - Women in Sport Aotearoa Football Victoria Making Change



Leadership

Football Victoria Making Change

Female full-court press in basketball takeover



Leadership

Female full-court press in basketball takeover

By Suzanne McFadden - LockerRoom <u>Change in Action Week - Innovative Impact FINALIST - Cambridge FC</u>



Leadership

Change in Action Week - Innovative Impact FINALIST - Cambridge FC

Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa



Save insight Leadership Change in Action Week - Dad's as Allies FINALIST - Dan Doland Change in Action Week - Digital Innovation FINALIST - Brad Lenko Save insight Leadership Change in Action Week - Digital Innovation FINALIST - Brad Lenko Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt Save insight Leadership Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt Change in Action Week - Pioneer of Change FINALIST - Dino Michalakis Save insight Leadership Change in Action Week - Pioneer of Change FINALIST - Dino Michalakis Akarana Falcons front with all-female coaching staff Save insight Leadership Akarana Falcons front with all-female coaching staff Change in Action Week - Dad's as Allies FINALIST - Tyson Waina Save insight Leadership Change in Action Week - Dad's as Allies FINALIST - Tyson Waina Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart Save insight

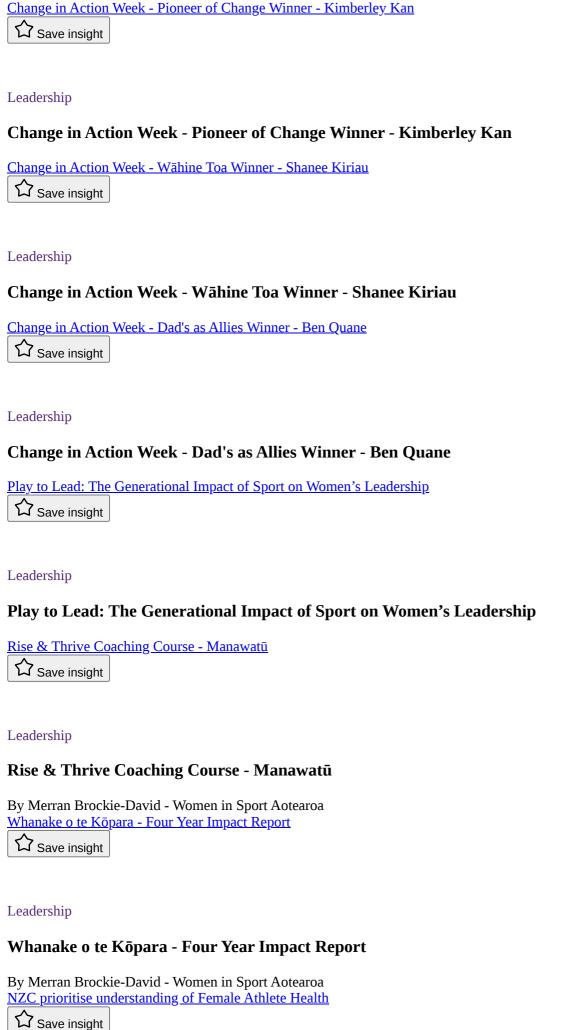
Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa

Change in Action Week - Dad's as Allies FINALIST - Dan Doland

Change in Astion Mark Disco

Leadership

Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart



NZC prioritise understanding of Female Athlete Health

By Jess Davidson - New Zealand Cricket

Whanake o te Kōpara case study - Daneka Geaney-Jones

Save insight

Leadership

Whanake o te Kōpara case study - Daneka Geaney-Jones

By Merran Brockie-David - Women in Sport Aotearoa <u>Gender Equity in Coaching Webinar</u>



Leadership

Gender Equity in Coaching Webinar

By Canadian Women & Sport - Canadian Women & Sport Women and Girls Referees: Building a Transformative Infrastructure



Leadership

Women and Girls Referees: Building a Transformative Infrastructure

By Sarah Leberman MNZM - Women in Sport Aotearoa One woman, two chairs at top of NZ sport



Leadership

One woman, two chairs at top of NZ sport

2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership



Leadership

2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership

<u>Tātāwhāinga - Episode 10: Gender Equity</u>



Leadership

Tātāwhāinga - Episode 10: Gender Equity

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 9: Sport Leadership</u>



Tātāwhāinga - Episode 9: Sport Leadership

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation



Leadership

Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1



Leadership

Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes

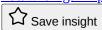


Leadership

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes

By Erin Roxburgh - Women in Sport Aotearoa

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

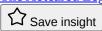


Leadership

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

By Erin Roxburgh - Women in Sport Aotearoa

The Aotearoa Legacy



Leadership

The Aotearoa Legacy

By Peta Forrest - Women in Sport Aotearoa

Young Women's Leadership Programme



Young Women's Leadership Programme

By Sarah Leberman MNZM - Women in Sport Aotearoa IWG 2022 Progress Report

Save insight

Leadership

IWG 2022 Progress Report

By Robyn Cockburn - LUMIN Women & Girls Action Plan



Leadership

Women & Girls Action Plan

By Maddi Mclean - Sport New Zealand Ako Wāhine: Journey of Learning



Leadership

Ako Wāhine: Journey of Learning

By Heather Dawson - New Zealand Rugby Gender and Variation of Experience



Leadership

Gender and Variation of Experience

By Kirsten Spencer - Auckland University of Technology New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course



Leadership

New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course

By Amy McClintock - Basketball New Zealand

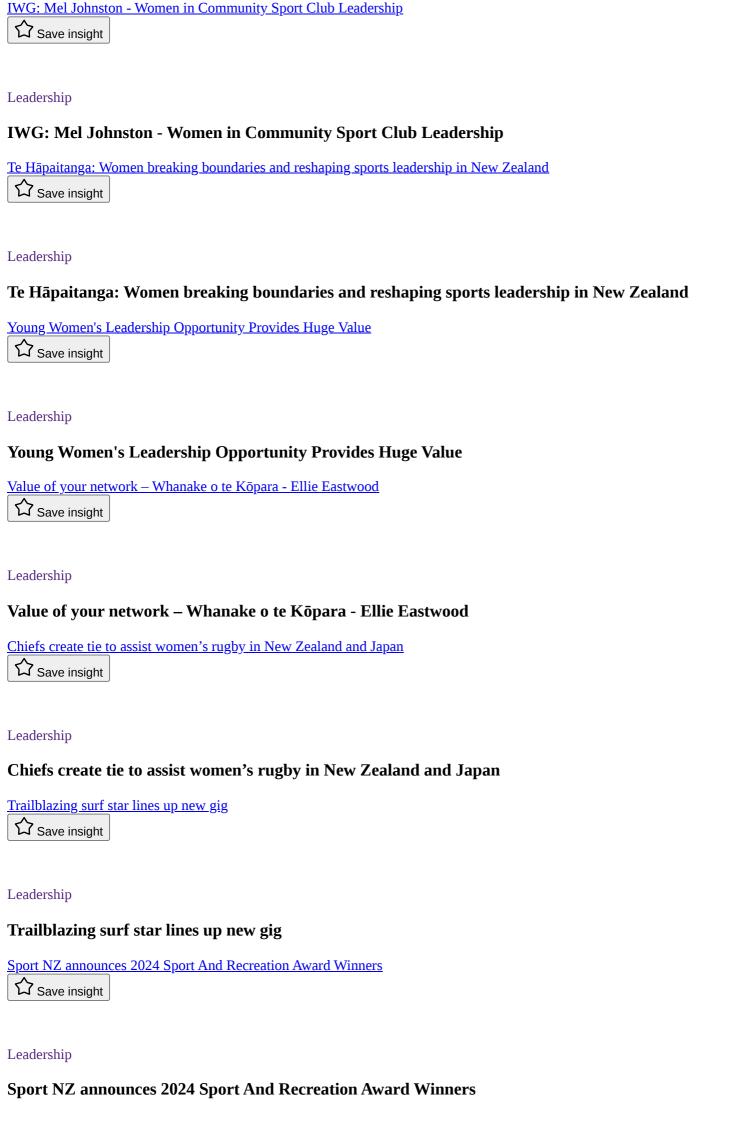
Most kids are only coached by men in junior sport – women need to be part of the picture, too

Leadership

Most kids are only coached by men in junior sport – women need to be part of the picture, too

<u>Charmaine Smith cherishing opportunity to play international rugby</u>
Save insight
Leadership
Charmaine Smith cherishing opportunity to play international rugby
Professional athletes share the struggle of motherhood and their careers
A
Save insight
Leadership
Professional athletes share the struggle of motherhood and their careers
1 Totessional achieves share the straight of mother mode and their careers
Te Hāpaitanga's role in advancing women in high performance coaching
Save insight
Leadership
Te Hāpaitanga's role in advancing women in high performance coaching
Keeping our Olympians cool, calm and bug-free
₩ Save insight
Leadership
Leadership
Keeping our Olympians cool, calm and bug-free
King's Birthday honours
Save insight
Leadership
Vingle Diuthday hanguye
King's Birthday honours
Case Study – Annalie Longo - LockerRoom
Save insight
Leadership
Case Study – Annalie Longo - LockerRoom
LockerRoom Story: Case Study - Rushlee Buchanan
₩ Save insight
Leadership
LEAUEISHID

LockerRoom Story: Case Study - Rushlee Buchanan



Leadership
Women in Sport Recruitment and Retention Guidelines
Pacific Leadership Programme - Impacting Pacific Women & Girls Save insight
Leadership
Pacific Leadership Programme - Impacting Pacific Women & Girls
By Merran Brockie-David - Women in Sport Aotearoa Gender Equity is Good Governance — Lessons from the Sport Sector Save insight
Leadership
Gender Equity is Good Governance – Lessons from the Sport Sector
IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts Save insight
Leadership
IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts
IWG: Emma Evans - Advancing leadership across the Pacific
Leadership
IWG: Emma Evans - Advancing leadership across the Pacific
2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most Informed Decision. Save insight
Leadership
2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most Informed Decision.

Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys

Women in Sport Recruitment and Retention Guidelines

Save insight

Save insight

Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys Strategies that Male Allies Use to Advance Women in the Workplace Save insight Leadership Strategies that Male Allies Use to Advance Women in the Workplace Trailblazing basketballer making history in All Blacks management Save insight Leadership Trailblazing basketballer making history in All Blacks management REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE Save insight Leadership REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE By Sarah Leberman MNZM - Women in Sport Aotearoa Kiwi breaks the grass ceiling Save insight Leadership Kiwi breaks the grass ceiling Grief, recriminations, then gold: How the wheel has turned for Cycling NZ Save insight Leadership Grief, recriminations, then gold: How the wheel has turned for Cycling NZ Pacific Women's Leadership Programme - Host organisation impact Save insight Leadership

By Merran Brockie-David - Women in Sport Aotearoa Women, Sport & Governance

Save insight

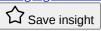
Pacific Women's Leadership Programme - Host organisation impact

Leadership Women, Sport & Governance Ann Downey: Great female coaches are there, they just need to be asked Save insight Leadership Ann Downey: Great female coaches are there, they just need to be asked The Reykjavík Index for Leadership Save insight Leadership The Reykjavík Index for Leadership 'I'm saying this for the first time': AB's manager's road to the top Save insight Leadership 'I'm saying this for the first time': AB's manager's road to the top Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager Save insight Leadership Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager Lisa O'Keefe: Uniting women's sport across the world (Podcast) Save insight Leadership Lisa O'Keefe: Uniting women's sport across the world (Podcast) Sports Management Training Programme empowering women in Africa Save insight

Leadership

Sports Management Training Programme empowering women in Africa

Bringing Gender in Tool



Bringing Gender in Tool Celebrating Champions of Change: Helene Wilson Save insight Leadership **Celebrating Champions of Change: Helene Wilson** How can we best support women with family or caregiving responsibilities to excel as a high-performance coach? Save insight Leadership How can we best support women with family or caregiving responsibilities to excel as a high-performance coach? Celebrating Champions of Change: Rebecca Rolls Save insight Leadership **Celebrating Champions of Change: Rebecca Rolls** Pacific Women's Leadership impact: Pualele Craig Save insight Leadership Pacific Women's Leadership impact: Pualele Craig By Merran Brockie-David - Women in Sport Aotearoa 5 4 3 2 1 Paris: Luuka Jones Save insight

Leadership

5 4 3 2 1 Paris: Luuka Jones

Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei

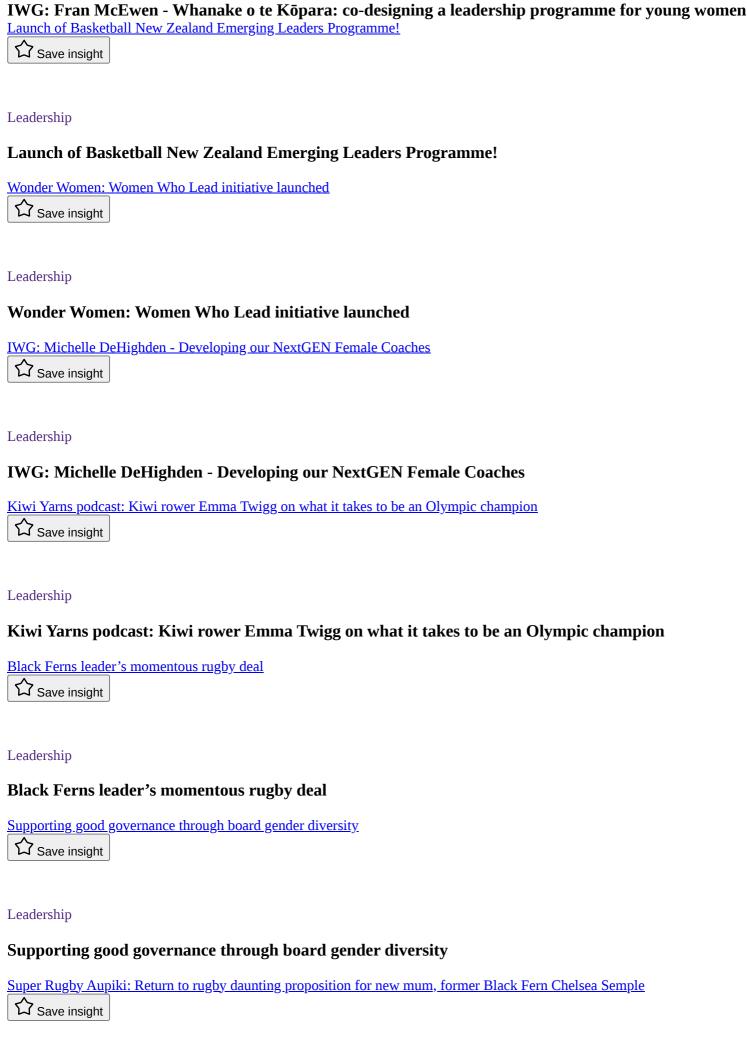


Leadership

Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei

IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women





Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea
Semple Nerve research reveals have aparts slight manage integrity issues. ALIT
New research reveals how sports clubs manage integrity issues - AUT
Save insight
Leadership
New research reveals how sports clubs manage integrity issues - AUT
Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions
Save insight
a Save msigni
Leadership
Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions
Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions
Save insight
Leadership
Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions
IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot
Save insight
P V Save moight
Leadership
INIC. Helene William What have an a show your greate are as in the system. We want in HD Co and Dilet
IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot
Enhancing Participation Pathways for Women Coaches in Community Sport
Save insight
Leadership
Enhancing Participation Pathways for Women Coaches in Community Sport
A development experience to remember
Save insight
Save insignt
Leadership
Leadership
A development experience to remember
A development experience to remember

Save insight

A development experience to remember Parents Guide to getting young women and girls physically active Save insight Leadership Parents Guide to getting young women and girls physically active By Briana irving - Aktive - Auckland Sport & Recreation **HERA Coaching Young Women and Girls Toolkit** Save insight Leadership **HERA Coaching Young Women and Girls Toolkit** By Briana irving - Aktive - Auckland Sport & Recreation IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports Save insight Leadership IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports Save insight Leadership IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.

Save insight

Leadership

IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.

Hera principles Save insight

Leadership

Hera principles

By Briana irving - Aktive - Auckland Sport & Recreation IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports



IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports

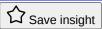
IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

~		
W	Save	insight

Leadership

IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

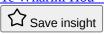
IWG: Akane Mikura - JBA progress of developing women coach



Leadership

IWG: Akane Mikura - JBA progress of developing women coach

Te Whāriki Hou- Te Mana o te Wahine



Te Whāriki Hou

Leadership

Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand

IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture



Leadership

IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture

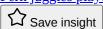
Cycling great dodges potholes in life after sport



Leadership

Cycling great dodges potholes in life after sport

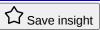
Fern juggles player and coach roles



Leadership

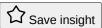
Fern juggles player and coach roles

Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!



Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report



Leadership

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

By Rachel Howells - Sport New Zealand

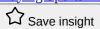
Improving Women's Experiences of Mentorship in Canadian Coaching



Leadership

Improving Women's Experiences of Mentorship in Canadian Coaching

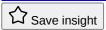
Playing Sports May Be The Secret To Women's Career Success



Leadership

Playing Sports May Be The Secret To Women's Career Success

Nuku Ora W&G Week Collaboration Session

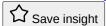


Leadership

Nuku Ora W&G Week Collaboration Session

By Lily Joiner - Nuku Ora

Whanake o te Kopara - Impacting young wahine



Leadership

Whanake o te Kōpara - Impacting young wāhine

By Merran Brockie-David - Women in Sport Aotearoa

Our Partners

- Sport NZ Sport NZ
- NZ Foreign affairs and trade NZ Foreign affairs and trade
- JUS Embassy NZ US Embassy NZ

Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa



- Instagram
 Linkedin
 Linkedin
 TikTok
 VouTube
 Contact
 FAQs
 Privacy policy
 Terms of use
- © 2025 Women in Sport Aotearoa

Subscribe to our newsletter

Receive the latest news, events and insights as we publish them.

Name:		
Email:		
Subscri	<u>be</u> >	
$\mid X \mid$		
	Close panel	⊳Women in Sport Aotearoa Insight Hub∣Ngā Wāhine Hākinakina o Aotearoa

Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First nam	ıe:*[
Email:* [

Preferences

Select those that apply to you to help us customise your Insight Hub experience.

Insight Themes

• 🛂

All

• 🔽

Leadership

• 🛂

Social Change

• 🔽

Active Lives

• 🔽

High Performance

• 🔽

Visibility and Voice

Insight Content Types

- 🛂
- All
- 🛂

Research

C

Case studies

. .

News stories

