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Sport as a Social Development Tool

Theme: Participation

Kirsten Spencer

Kirsten Spencer

Co-authored by Tristan Brotherton, NZ Touch

Auckland University of Technology



Tāmaki Touched sporting modules have been delivered to the Glen Innes community, engaging over 2100 participants. However, the sporting outcomes are secondary to the social outcomes of the programme.

Downloads & Resource Files

• <u>Sport as a Social Development Tool- Evaluating the Perceived Effectiveness of the Touch NZ Community Projects.pdf 3.2MB PDF</u>

Watch the video below to learn more



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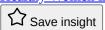
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Good Practice Guide - Increasing participation of Muslim women and girls

Healthy Women in Performance Sport



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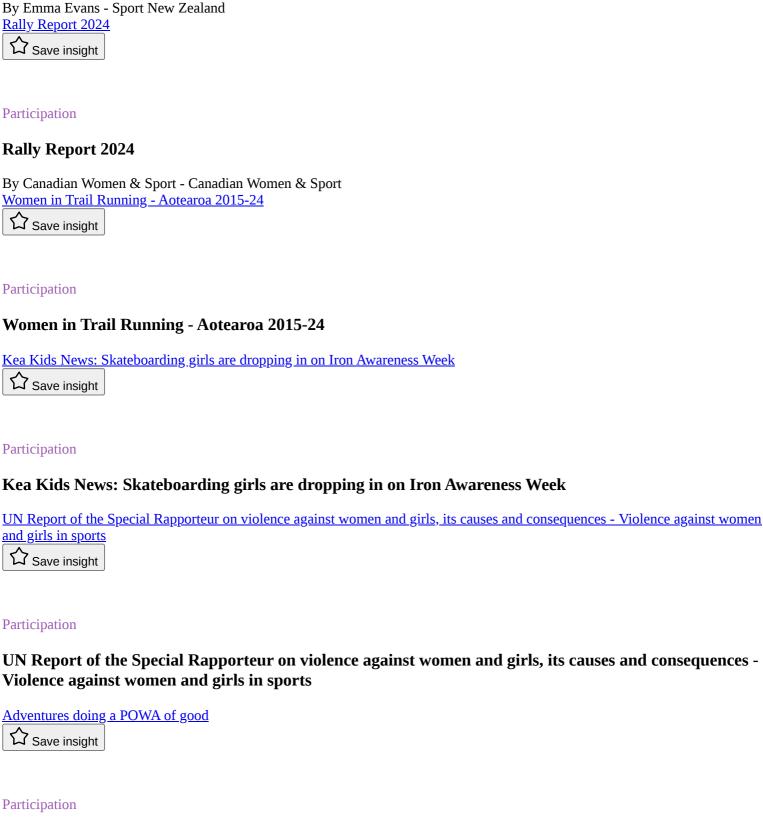
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New legislation for gender identity and sex characteristics in Queensland sport

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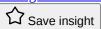
Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football



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Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

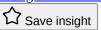
Change in Action Week - Innovative Impact FINALIST - Active Wāhine



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Change in Action Week - Innovative Impact FINALIST - Active Wāhine

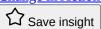
Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



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Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

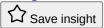
Change in Action Week - Rangatahi FINALIST - Sylvia Brunt



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Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

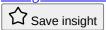
Change in Action Week - Innovative Impact FINALIST - Wāhine Toa



Participation

Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

<u>Change in Action Week - Rangatahi Winner - Carmel College</u>



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Change in Action Week - Rangatahi Winner - Carmel College

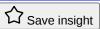
ADIDAS BREAKING BARRIERS RESEARCH



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ADIDAS BREAKING BARRIERS RESEARCH

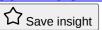
Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Participation

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

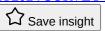


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GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning

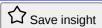


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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

2022 IWG: Christine Young - Integrity in HP Youth Sport



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2022 IWG: Christine Young - Integrity in HP Youth Sport

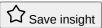
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



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2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

2022 IWG: Kirsten Spencer - Sport as a social development tool



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2022 IWG: Kirsten Spencer - Sport as a social development tool

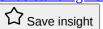
2022 IWG: Erin Hatton - Driving transformational change



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2022 IWG: Erin Hatton - Driving transformational change

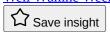
<u>Understanding Period Poverty Infographic</u>



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Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



Participation

Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand Girls Smash Modified Girls Only Cricket Programme



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Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>

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Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



Participation

Netball Volunteer Programme

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.



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Mind. Set. Engage. Rugby's mental wellbeing programme.

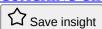
Netball Player Development Programme



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Netball Player Development Programme

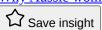
By Alysha Jensen - Netball New Zealand COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



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COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

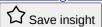
Why Aussie women's sport needs to talk about fertility



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Why Aussie women's sport needs to talk about fertility

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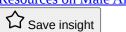
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Huge uptick in girls and women playing football in New Zealand

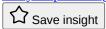
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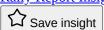
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Rally Report Insights: Mental Health

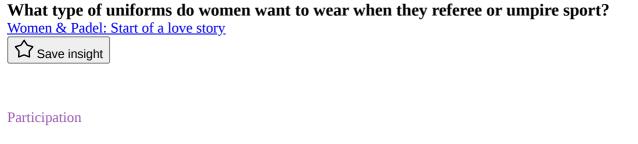


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Rally Report Insights: Mental Health

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Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



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Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



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Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia

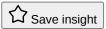


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Kōhine māia

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Yeah! Girls Move - Cricket not the way you know it





Participation

Yeah! Girls Move - Cricket not the way you know it

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For young women, by young women - WORD girls-only programme

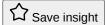


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For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



Not just for the "sporty", the Not-So-Sports-Club

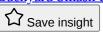
By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



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Manawatū Cricket Association case study

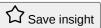
By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



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Backyard Smash & Sista Smash

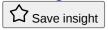
By Roxanna Holdworth - This is ME The female-friendliness of New Zealand's tennis clubs



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The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



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Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



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Te Awamutu AFC starts 2024 off strong with growing demand

Five things to know about women and sport



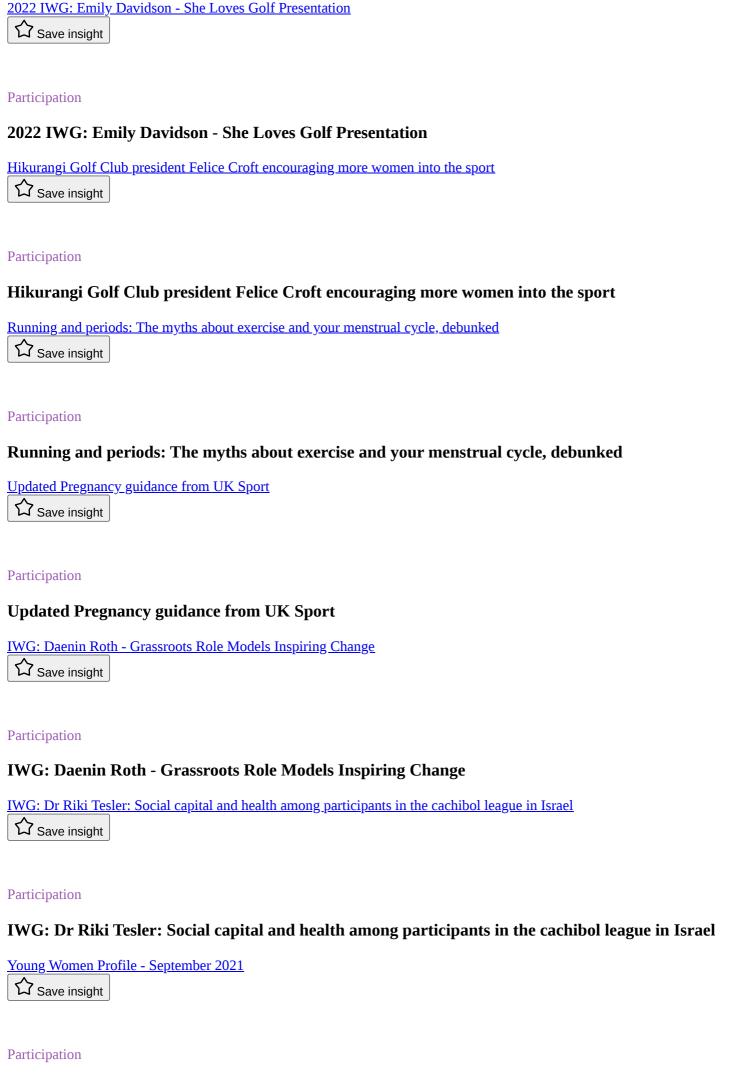
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Five things to know about women and sport

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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
'Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes
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Nutrition For Female Athletes
Coaching through a Gender Lens Infographic
Save insight
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Coaching through a Gender Lens Infographic
Angel City Equity House Podcast: Myth Busters presented by Gatorade
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Participation

<u>Has the Olympics become too sexualised? How sex and gender debates drove online discourse</u>

Angel City Equity House Podcast: Myth Busters presented by Gatorade



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New Zealand Football Performance & Prevention - Considerations for Female Athletes
IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill Save insight
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IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill
Co-Designing Effective Programmes for Young Girls: Insights and Principles Save insight
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Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

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How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme



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Empowering Disengaged Girls Through A Participant-Centered Programme

By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

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Aktive Women & Girls Facility Guide

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

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Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"



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Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

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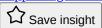
IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



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IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



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Supporting Disabled Teenage Girls to be Active

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



Participation

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



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Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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