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# Sport for Sustainable Development: Designing Effective Policies and Programmes

Theme: Participation

Sport for Sustainable Development: Designing Effective Policies and Programmes

# Sport for Sustainable Development: Designing Effective Policies and Programmes

Sport is one of the things that binds the people of the Commonwealth together and it is often seen as a tremendous source of pride.

While sport is enjoyable for recreation, it is also increasingly being used as a tool in sustainable development work and to enable positive societal change.

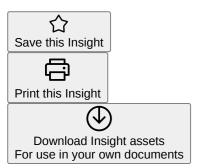
The Commonwealth Secretariat, in partnership with the <u>International Platform on Sport and Development</u> and the Australian Government, have collaborated on an online course, available free of cost, to support this growing movement.

## Sport for sustainable development

During the online course, participants will learn:

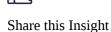
- the benefits and limitations of using sport in development;
- how to design, implement, and measure the impact of sport-based policies and programmes using best practices;
- key concepts on sport and gender equality, disability, human rights, social inclusion, peacebuilding, good governance and safeguarding

#### Sign up for the course here.



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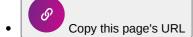




















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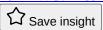
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



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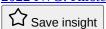
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



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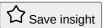
2022 IWG: Kirsten Spencer - Sport as a social development tool



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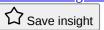
2022 IWG: Kirsten Spencer - Sport as a social development tool

2022 IWG: Erin Hatton - Driving transformational change



#### 2022 IWG: Erin Hatton - Driving transformational change

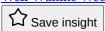
**Understanding Period Poverty Infographic** 



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#### **Understanding Period Poverty Infographic**

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



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#### Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



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#### **Netball Resources for Clubs and School Administrators**

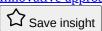
By Jenna Murie - Netball New Zealand
Girls Smash Modified Girls Only Cricket Programme



Participation

## **Girls Smash Modified Girls Only Cricket Programme**

By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



Participation

## Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME

<u>Netball Volunteer Programme</u>

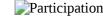


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#### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand Sport as a Social Development Tool





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#### **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



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#### **Netball Player Development Programme**

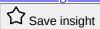
By Alysha Jensen - Netball New Zealand
Why Aussie women's sport needs to talk about fertility



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#### Why Aussie women's sport needs to talk about fertility

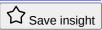
She Belongs: Building Social Connection for Lasting Participation in Sport



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#### **She Belongs: Building Social Connection for Lasting Participation in Sport**

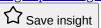
By Canadian Women & Sport - Canadian Women & Sport The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



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#### The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

<u>Huge uptick in girls and women playing football in New Zealand</u>



Participation

#### Huge uptick in girls and women playing football in New Zealand

Rally Report Insights: Body Confidence



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**Rally Report Insights: Body Confidence** 

Rally Report Insi	g <u>hts: Mental Health</u>
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**Rally Report Insights: Mental Health** 

What type of uniforms do women want to wear when they referee or umpire sport?



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What type of uniforms do women want to wear when they referee or umpire sport?

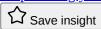
Women & Padel: Start of a love story



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Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago

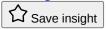


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**Empowering young women to lead their experiences - Journeys Central Otago** 

By Rachel Howells - Sport New Zealand

<u>Creating safe environments for young women to be active their way</u>

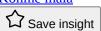


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Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



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Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it



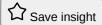
Yeah! Girls Move

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#### Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



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#### For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



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#### Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand

Manawatū Cricket Association case study

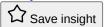


Participation

#### Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu

**Backyard Smash & Sista Smash** 

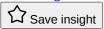


Participation

#### **Backyard Smash & Sista Smash**

By Roxanna Holdworth - This is ME

Removing Period Poverty As a Barrier to Participation

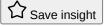


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Te Awamutu AFC starts 2024 off strong with growing demand



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Pacific Women's Leadership Programme Impact - Sela Vaenuku



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#### Angel City Equity House Podcast: Myth Busters presented by Gatorade

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Hikurangi Golf Club president Felice Croft encouraging more women into the sport

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Updated Pregnancy guidance from UK Sport
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**New Zealand Football Performance & Prevention - Considerations for Female Athletes** 

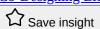
IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



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Co-Designing Effective Programmes for Young Girls: Insights and Principles

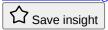


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Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation

How To Co-Design A Programme With Participants



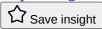
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**How To Co-Design A Programme With Participants** 

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme



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#### **Empowering Disengaged Girls Through A Participant-Centered Programme**

By Briana irving - Aktive - Auckland Sport & Recreation

Aktive Women & Girls Facility Guide

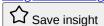


Women & Girls Facility Guide

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#### **Aktive Women & Girls Facility Guide**

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"



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Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand
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By Rachel Howells - Sport New Zealand

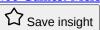
IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



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400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



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#### 400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



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# Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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