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UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports

Theme: Participation

JUN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports

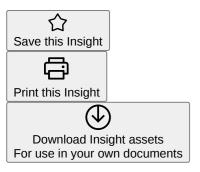
Co-authored by United Nations

In the present report, the Special Rapporteur on violence against women and girls, its causes and consequences, Reem Alsalem, explores the various forms, causes and consequences of violence against women and girls in sports.

Read the **full report here**.

I. Introduction

- 1. In the present report, the Special Rapporteur on violence against women and girls, its causes and consequences, Reem Alsalem, explores the various forms, causes and consequences of violence against women and girls in sports. Sports are valuable for physical and mental well-being, and also offer routes out of poverty, increase
- social cohesion in times of conflict,1 increase self-confidence, promote independence and empowerment2 and provide educational and career opportunities. They also serve as a platform for the development of self-confidence and leadership skills.3 In addition, sports are important avenues for creating social change, as they enable women and girls to challenge gender norms and stereotypes. 4
- 2. Nevertheless, participation in sports with safety, equality and dignity remains challenging for women and girls, as they continue to face sex and gender-based discrimination, compounded by discrimination on other grounds, for which there continues to be widespread impunity.
- 3. In the present report, the Special Rapporteur examines the forms of violence experienced by women and girls in sport, their causes and the perpetrators of this violence, and offers recommendations for better prevention and response to violence against women and girls in sport. The Special Rapporteur received over 100 submissions from relevant stakeholders. She also held expert consultations in which 50 persons participated.



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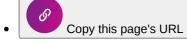


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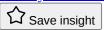
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Good Practice Guide - Increasing participation of Muslim women and girls

Healthy Women in Performance Sport



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Healthy Women in Performance Sport

Making sport inclusive: Free period products in clubs - report



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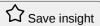
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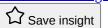
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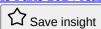


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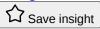
Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

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Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

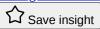
Change in Action Week - Innovative Impact FINALIST - Active Wāhine



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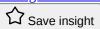
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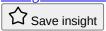
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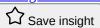
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Change in Action Week - Rangatahi Winner - Carmel College

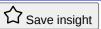
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ADIDAS BREAKING BARRIERS RESEARCH

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



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GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning



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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

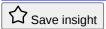
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2022 IWG: Christine Young - Integrity in HP Youth Sport

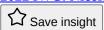
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



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2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



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2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

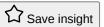
2022 IWG: Kirsten Spencer - Sport as a social development tool



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2022 IWG: Erin Hatton - Driving transformational change

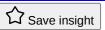
<u>Understanding Period Poverty Infographic</u>



Participation

Understanding Period Poverty Infographic

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



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Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti
Netball Resources for Clubs and School Administrators



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Netball Resources for Clubs and School Administrators

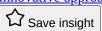
By Jenna Murie - Netball New Zealand <u>Girls Smash Modified Girls Only Cricket Programme</u>



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Girls Smash Modified Girls Only Cricket Programme

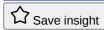
By Jess Davidson - New Zealand Cricket Innovative approaches to encouraging women's participation in Golf



Participation

Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



Netball Volunteer Programme

By Jenna Murie - Netball New Zealand

Mind. Set. Engage. Rugby's mental wellbeing programme.

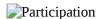


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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

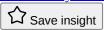




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Sport as a Social Development Tool

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



Participation

Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



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COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

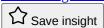
Why Aussie women's sport needs to talk about fertility



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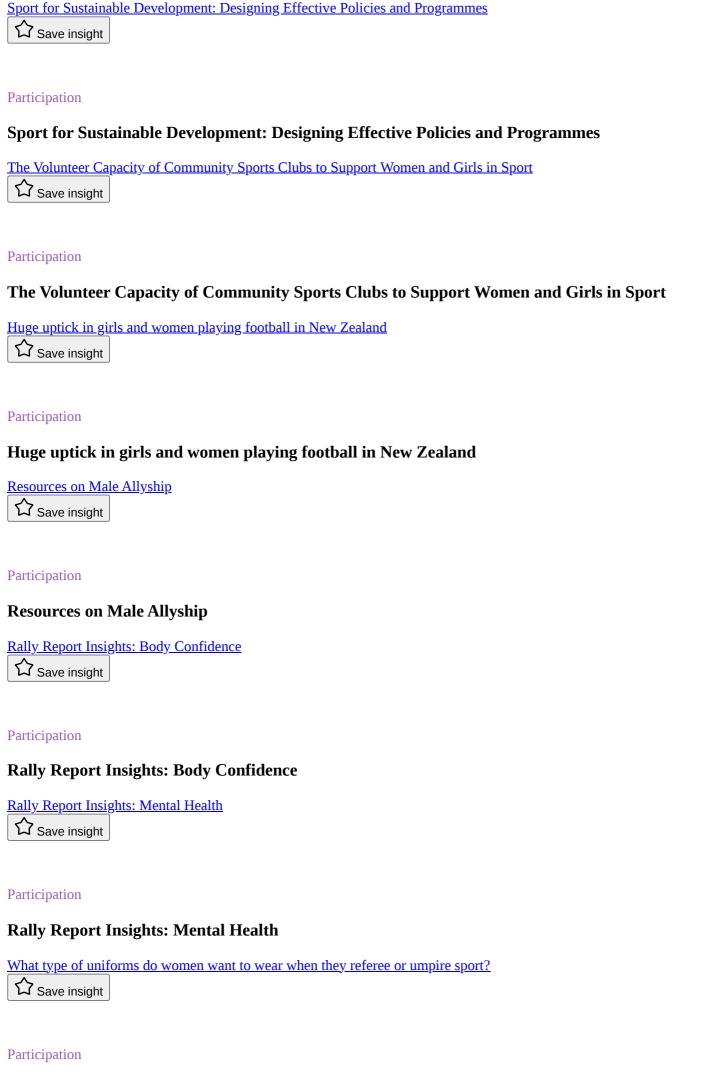
She Belongs: Building Social Connection for Lasting Participation in Sport



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She Belongs: Building Social Connection for Lasting Participation in Sport

By Canadian Women & Sport - Canadian Women & Sport



What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel:	Start of a love story
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Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



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Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



Participation

Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



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Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it



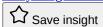


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Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



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For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



Participation

Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



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Backyard Smash & Sista Smash

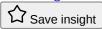
By Roxanna Holdworth - This is ME
The female-friendliness of New Zealand's tennis clubs



Participation

The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



Participation

Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



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Te Awamutu AFC starts 2024 off strong with growing demand

Five things to know about women and sport



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Five things to know about women and sport

Has the Olympics become too sexualised? How sex and gender debates drove online discourse

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Has the Olympics become too sexualised? How sex and gender debates drove online discourse
Pacific Women's Leadership Programme Impact - Sela Vaenuku Save insight
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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes
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Nutrition For Female Athletes
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Nutrition For Female Athletes
Coaching through a Gender Lens Infographic
Save insight
Darticipation
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Coaching through a Gender Lens Infographic
Association Provides Harris De Jacob Mode Description and the Co. 1

<u>Angel City Equity House Podcast: Myth Busters presented by Gatorade</u>

Save insight

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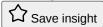
Angel City Equity House Podcast: Myth Busters presented by Gatorade

2022 IWG: Emily Davidson - She Loves Golf Presentation



2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport



Participation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport

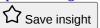
Running and periods: The myths about exercise and your menstrual cycle, debunked



Participation

Running and periods: The myths about exercise and your menstrual cycle, debunked

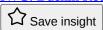
Updated Pregnancy guidance from UK Sport



Participation

Updated Pregnancy guidance from UK Sport

IWG: Daenin Roth - Grassroots Role Models Inspiring Change



Participation

IWG: Daenin Roth - Grassroots Role Models Inspiring Change

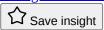
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



Participation

IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel

Young Women Profile - September 2021



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Young Women Profile - September 2021

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

New Zealand Football Performance & Prevention - Considerations for Female Athletes



Participation

New Zealand Football Performance & Prevention - Considerations for Female Athletes

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



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IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

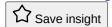
Co-Designing Effective Programmes for Young Girls: Insights and Principles



Participation

Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants



Participation

Participation

How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme

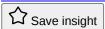


Participation

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Empowering Disengaged Girls Through A Participant-Centered Programme

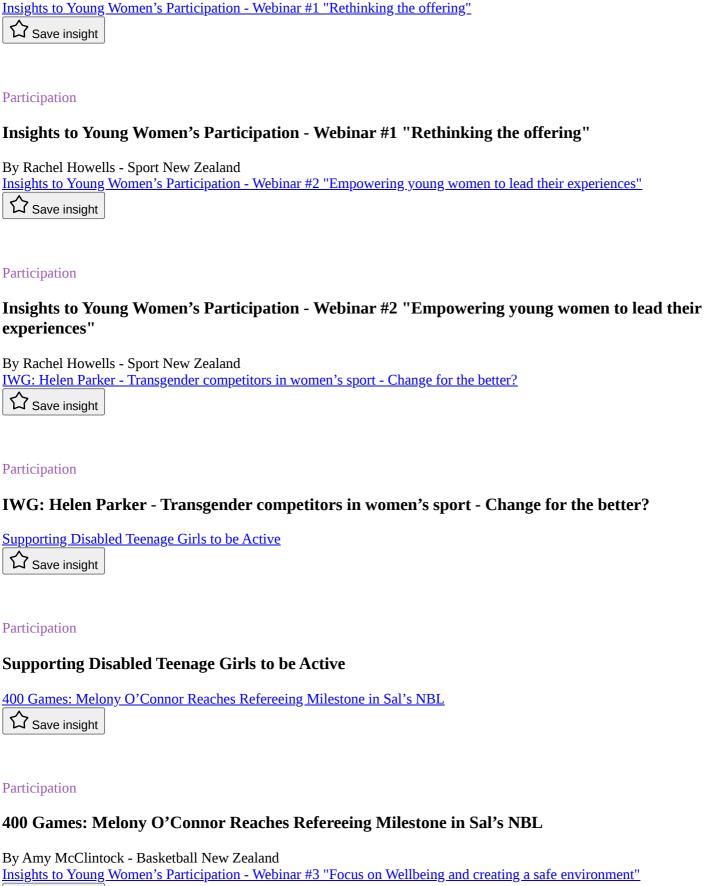
By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

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Aktive Women & Girls Facility Guide



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Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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