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# **Understanding Period Poverty Infographic**

Theme: Participation

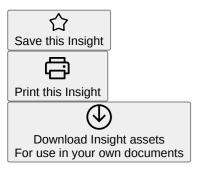
Understanding Period Poverty Infographic

Cheycoda Cocks
Sport Manawatu

As part of the EQUITY project Sport Manawatū surveyed close to 100 young women and girls on the barriers and enablers to participation in physical activity.

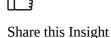
# **Period Poverty Infographic**

• Period Poverty 2023 - Infographic.pdf 2.5MB PDF



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The rise of women's football in New Zealand



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#### The rise of women's football in New Zealand

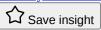
Good Practice Guide - Increasing participation of Muslim women and girls



Participation

#### Good Practice Guide - Increasing participation of Muslim women and girls

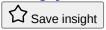
**Healthy Women in Performance Sport** 



Participation

#### **Healthy Women in Performance Sport**

Making sport inclusive: Free period products in clubs - report



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## Making sport inclusive: Free period products in clubs - report

By Emma Evans - Sport New Zealand

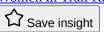
Rally Report 2024

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#### **Rally Report 2024**

By Canadian Women & Sport - Canadian Women & Sport Women in Trail Running - Aotearoa 2015-24



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# Women in Trail Running - Aotearoa 2015-24 Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week Save insight

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## Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week

UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports



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# UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences -Violence against women and girls in sports

Adventures doing a POWA of good Save insight

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# Adventures doing a POWA of good

By Angela Walker - LockerRoom Is Paris 2024 really achieving its goals for gender equality?

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Participation

# Is Paris 2024 really achieving its goals for gender equality?

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia New legislation for gender identity and sex characteristics in Queensland sport



Participation

# New legislation for gender identity and sex characteristics in Queensland sport

By Victoria University Melbourne Australia - Victoria University | Melbourne Australia Strength, power and aerobic capacity of transgender athletes: a cross-sectional study



Participation

#### Strength, power and aerobic capacity of transgender athletes: a cross-sectional study

Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football



# Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football

Change in Action Week - Innovative Impact FINALIST - Active Wāhine

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#### Change in Action Week - Innovative Impact FINALIST - Active Wāhine

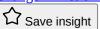
Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



Participation

#### Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

Change in Action Week - Rangatahi FINALIST - Sylvia Brunt



Participation

#### Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

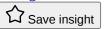
Change in Action Week - Innovative Impact FINALIST - Wāhine Toa



Participation

## Change in Action Week - Innovative Impact FINALIST - Wāhine Toa

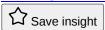
Change in Action Week - Rangatahi Winner - Carmel College



Participation

# Change in Action Week - Rangatahi Winner - Carmel College

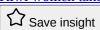
ADIDAS BREAKING BARRIERS RESEARCH



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#### ADIDAS BREAKING BARRIERS RESEARCH

Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



# Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



Participation

#### GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning



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## A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

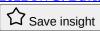
2022 IWG: Christine Young - Integrity in HP Youth Sport



Participation

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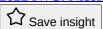
2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



Participation

#### 2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

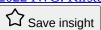
2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



Participation

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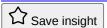
2022 IWG: Kirsten Spencer - Sport as a social development tool



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#### 2022 IWG: Kirsten Spencer - Sport as a social development tool

2022 IWG: Erin Hatton - Driving transformational change



#### 2022 IWG: Erin Hatton - Driving transformational change

Well Wahine Week Case Study



Participation

#### Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



Participation

#### **Netball Resources for Clubs and School Administrators**

By Jenna Murie - Netball New Zealand Girls Smash Modified Girls Only Cricket Programme



Participation

#### **Girls Smash Modified Girls Only Cricket Programme**

By Jess Davidson - New Zealand Cricket

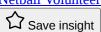
<u>Innovative approaches to encouraging women's participation in Golf</u>



Participation

# Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme



Participation

#### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.



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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool



#### **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



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#### **Netball Player Development Programme**

By Alysha Jensen - Netball New Zealand
<a href="COACHING GIRLS GUIDE: HOW TO GET">COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING</a>



Participation

#### COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

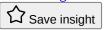
Why Aussie women's sport needs to talk about fertility



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#### Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport



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# **She Belongs: Building Social Connection for Lasting Participation in Sport**

By Canadian Women & Sport - Canadian Women & Sport Sport for Sustainable Development: Designing Effective Policies and Programmes



Participation

#### **Sport for Sustainable Development: Designing Effective Policies and Programmes**

The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



# The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport Huge uptick in girls and women playing football in New Zealand Save insight Participation Huge uptick in girls and women playing football in New Zealand Resources on Male Allyship Save insight Participation **Resources on Male Allyship** Rally Report Insights: Body Confidence Save insight Participation **Rally Report Insights: Body Confidence** Rally Report Insights: Mental Health Save insight Participation **Rally Report Insights: Mental Health** What type of uniforms do women want to wear when they referee or umpire sport? Save insight Participation What type of uniforms do women want to wear when they referee or umpire sport? Women & Padel: Start of a love story Save insight

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Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago

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By Rachel Howells - Sport New Zealand

<u>Creating safe environments for young women to be active their way</u>

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#### Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



Participation

#### Kōhine māia

By Rachel Howells - Sport New Zealand
Yeah! Girls Move - Cricket not the way you know it





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#### Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme

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# For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand
Not just for the "sporty", the Not-So-Sports-Club



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# Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



Participation

#### Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



#### **Backyard Smash & Sista Smash**

By Roxanna Holdworth - This is ME

<u>The female-friendliness of New Zealand's tennis clubs</u>



Participation

#### The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation

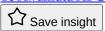


Participation

#### **Removing Period Poverty As a Barrier to Participation**

By Roxanna Holdworth - This is ME

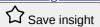
<u>Te Awamutu AFC starts 2024 off strong with growing demand</u>



Participation

# Te Awamutu AFC starts 2024 off strong with growing demand

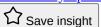
Five things to know about women and sport



Participation

# Five things to know about women and sport

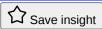
Has the Olympics become too sexualised? How sex and gender debates drove online discourse



Participation

#### Has the Olympics become too sexualised? How sex and gender debates drove online discourse

Pacific Women's Leadership Programme Impact - Sela Vaenuku



Participation

#### Pacific Women's Leadership Programme Impact - Sela Vaenuku

<u>IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective</u>



IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective

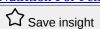
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

☆ sa	ave ins	sight
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Participation

"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

Nutrition For Female Athletes



Participation

**Nutrition For Female Athletes** 

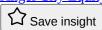
Coaching through a Gender Lens Infographic



Participation

**Coaching through a Gender Lens Infographic** 

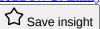
Angel City Equity House Podcast: Myth Busters presented by Gatorade



Participation

Angel City Equity House Podcast: Myth Busters presented by Gatorade

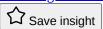
2022 IWG: Emily Davidson - She Loves Golf Presentation



Participation

2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport



Participation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport

Running and periods: The myths about exercise and your menstrual cycle, debunked

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Running and periods: The myths about exercise and your menstrual cycle, debunked
Updated Pregnancy guidance from UK Sport
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Updated Pregnancy guidance from UK Sport
IWG: Daenin Roth - Grassroots Role Models Inspiring Change
Save insight
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IWG: Daenin Roth - Grassroots Role Models Inspiring Change
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel
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IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel
Young Women Profile - September 2021
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Young Women Profile - September 2021
IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls
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IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

New Zealand Football Performance & Prevention - Considerations for Female Athletes

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**New Zealand Football Performance & Prevention - Considerations for Female Athletes** 

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



#### IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles

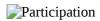


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#### Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation <u>How To Co-Design A Programme With Participants</u>





Participation

#### **How To Co-Design A Programme With Participants**

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme

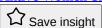


Participation

Participation

#### **Empowering Disengaged Girls Through A Participant-Centered Programme**

By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

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#### **Aktive Women & Girls Facility Guide**

<u>Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"</u>

Save insight

Participation

# Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"



Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

<u>IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?</u>



Participation

IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



Participation

#### **Supporting Disabled Teenage Girls to be Active**

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

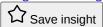


Participation

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"



**Participation** 

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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