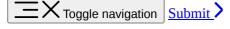
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Why Aussie women's sport needs to talk about fertility

Theme: Participation

Why Aussie women's sport needs to talk about fertility

Co-authored by Sarah Burt

In recent days, two-time Australian Open Champion Naomi Osaka publicly expressed her disappointment at her early exit from the Grand Slam after just returning to the court after giving birth to her first child in July 2023.

Returning from a year away from the sport, Osaka gave weight to the nuanced situation she's in -- an athlete at the top of her athletic powers who has just used the same body to grow a human being.

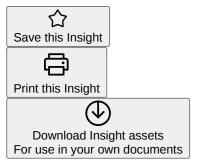
"Of course, I have to tell myself, 'hey, like six months ago you were pregnant' and stuff like that. And of course, there's a voice in my head that's like, who are you to think you can come back and immediately start winning matches... but I don't know, I kind of always expect myself to stand a chance anyway," she said in a post-match interview.

"So, I guess just being nicer to myself is a key thing that I learned in my time away."

It's a well-trodden path, but one which most female athletes have had to navigate alone.

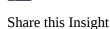
The topic of childbirth, fertility, reproductive health, and the impact that the stressors of being an athlete put on them are often overlooked in the media and underrepresented in contracts and discussions in sporting clubs.

Continue reading here.



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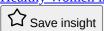
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Good Practice Guide - Increasing participation of Muslim women and girls

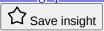
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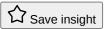


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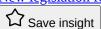
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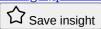
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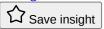
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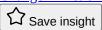
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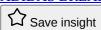
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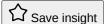
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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



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GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

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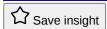


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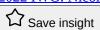
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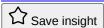
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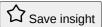
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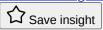
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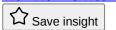
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Understanding Period Poverty Infographic

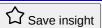
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Innovative approaches to encouraging women's participation in Golf

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Netball Volunteer Programme

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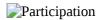


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Sport as a Social Development Tool





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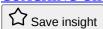
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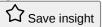


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Kōhine māia



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Kōhine māia

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Yeah! Girls Move - Cricket not the way you know it



Yeah! Girls Move

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Yeah! Girls Move - Cricket not the way you know it

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For young women, by young women - WORD girls-only programme



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For young women, by young women - WORD girls-only programme

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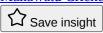
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Manawatū Cricket Association case study

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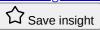
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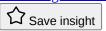
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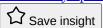
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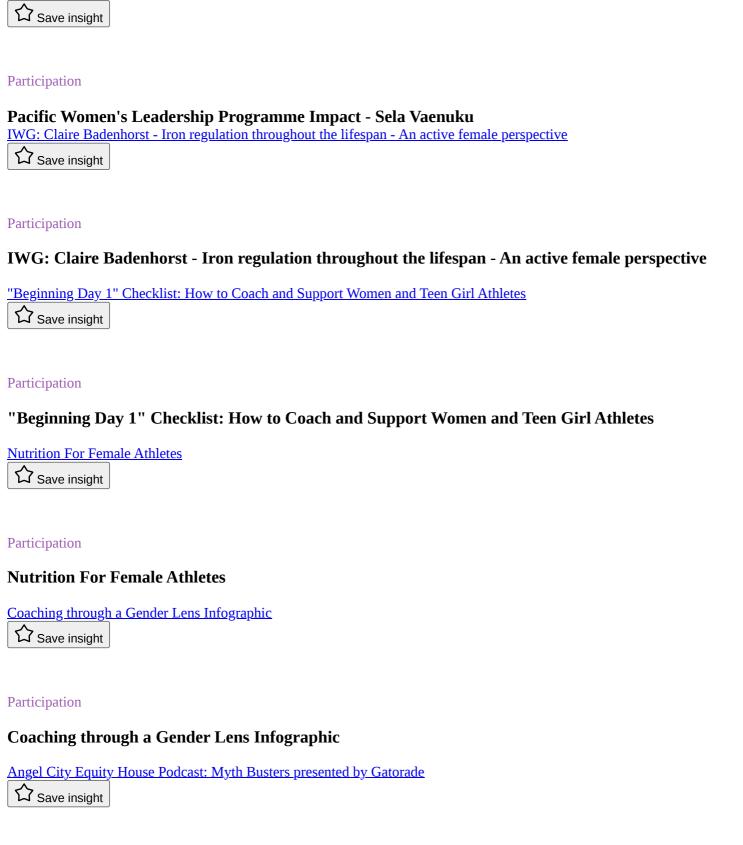
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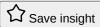
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New Zealand Football Performance & Prevention - Considerations for Female Athletes

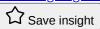
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IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



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How To Co-Design A Programme With Participants



Participation

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How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme



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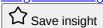


Women & Girls Facility Guide

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Aktive Women & Girls Facility Guide

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"



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400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

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