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 WOMENZSPORTS presents Alice Soapbox: Mea Motu

[Dani Marshall](#)

Co-authored by WOMENZSPORTS & Alice Soper

 Womensports

WOMENZSPORTS is hyped to share our kōrero with world champion boxer Mea Motu!! Sports journalist and rugby player Alice Soper sits down with Mea to chat about growing up in Te Tai Tokerau (Northland), her love of boxing, and reconnecting with her culture. Mea shares about starting boxing at 13 years old, leaving the sport to start a family, then finding boxing again in her 30s. TRIGGER WARNING: This episode contains discussion of intimate partner violence (between timestamps 22:45-34:40). There are no specific details of violence, but rather a meaningful conversation about resilience, breaking generational cycles of trauma, learning how to forgive, and the process of moving forward.

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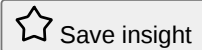
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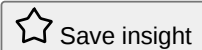


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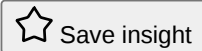


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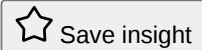


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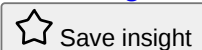


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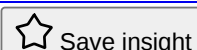


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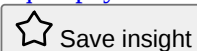
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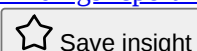
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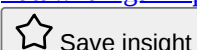
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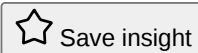
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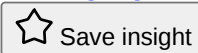
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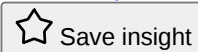
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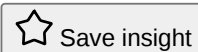
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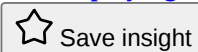
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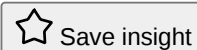
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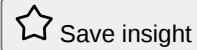
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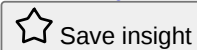
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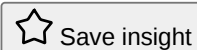
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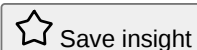
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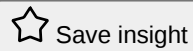
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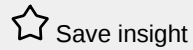
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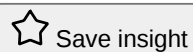
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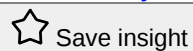
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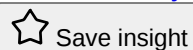
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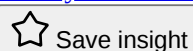
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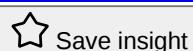
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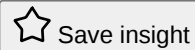
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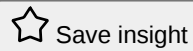
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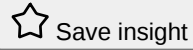
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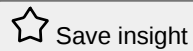
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